



UUFNB SUNDAY DIGEST

A Publication of the Unitarian Universalist Fellowship of North Bay
PO Box 4051, Napa, CA 94558 (707) 226-9220 www.uunorthbay.org
Services held at 1515 Pueblo Ave, at the Boys & Girls Club of Napa

Upcoming Services

Sunday November 2, 11 am

"Religion and Politics ALWAYS Mix" Jim Craig, with Worship Associate Vicki Wolf. An old saying has it that "Religion and politics don't mix"- obviously meaning that "religion and politics should not mix". History (including the Bible) demonstrates otherwise. Jerry Falwell knew, and practiced, this; it's just that he chose the wrong issues, even from a Biblical perspective.

Sunday November 9, 11 am

This morning we will join the Santa Rosa, Marin, and Petaluma UU congregations for a spirit-filled UU Revival Service in Santa Rosa. Worship will be led by the ministers, and singers from all four congregations will participate in the music. Children's Religious Education will be offered. After the service, box lunches will be available for purchase (\$10). We have rented a bus which will take us to the service and back in style! **Please arrive at the Boys and Girls Club no later than 9:20 so the bus can leave promptly at 9:30!** There will be a few folks who can drive if we exceed the capacity of the bus. The bus ride is free, but if you want to help defray the expense with an entirely optional \$10 donation.

Sunday November 16, 11 am

"Why Forgive?", Sue Magidson with Worship Associate Rainer Hoenicke. How do we decide whether and when to forgive? What if we want to forgive and can't? This sermon will dispel some myths, raise some questions, and offer some strategies. Sue Magidson is a lifelong UU, a longtime member of the UU Church of Berkeley, and a third year student at Starr King School for the Ministry.

October 26, 2008

Dear Members and Friends of UUFNB,

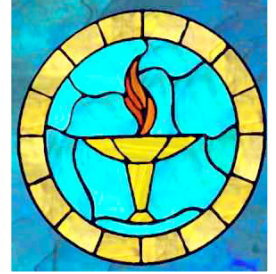
It was good to be with so many of you this morning at our service commemorating the Day of the Dead. It was comforting to share together the names and stories of our loved ones who have died, and especially poignant as we grieved the loss of our beloved Susan Levine. I know many of us will miss her purple hat, cheery greetings, and her unflagging efforts to promote peace and justice. She has been and will continue to be an inspiration to me.

A celebration of Susan's life is tentatively planned for Saturday November 1, probably at 11 am, in a location yet to be determined. I will send out an announcement this week once the arrangements have been finalized by her family. Cards of condolence can be sent to Susan's daughter Jenny and son John at 2341 Joanne Cir., Napa, CA, 94559.

If you need to remind folks about a Fellowship-wide event or program, please get in touch with Vicki Wolf, our Worship Associate, before Sunday and she will make your announcement or call on you to make it. If you would like an e-mail copy of a sermon I have given at UUFNB, send me a note. If you wish to have items included in the Sunday Digest for November 2, please submit them to me by noon on Friday, October 31!

The Rev. Bonnie Dlott
minister@uunorthbay.org
or call (925) 256-4334

UUFNB Calendar



Wednesday, October 29, 7:15 p.m.

Choir Rehearsal

Kate MacPherson's, 1135 Olive Hill Lane in Napa. 255-5687

Saturday, November 1, 11 am

Celebration of Life for Susan Levine

Place to be announced; Bonnie Dlott (925) 256-4334

Saturday November 1, 6 pm

Dumssupper (details on page 5)

Space is limited; RSVP required to Bonnie Dlott, (925) 256-4334

Sunday November 2, 9:45 a.m.

Choir Rehearsal

Downstairs at the Boys & Girls Club. Kate MacPherson, 255-5687

Sunday November 2, 12:30 p.m.

Sunday Carbon Ring; First Meeting

For more information, please call Maggie Ingalls at 747-5205

Wednesday November 5, 7 pm

Monthly CUUPS meeting postponed until Dec 3: see announcement on page 5.

Doug Taylor, 226-7500 or grapeshotstudios@gmail.com

Wednesday November 5

Choir Rehearsal

Kate MacPherson's, 1135 Olive Hill Lane in Napa. 255-5687

Sunday November 9, 11 am

UU Revival at the UU Congregation of Santa Rosa, 547 Mendocino Blvd. in Santa Rosa

To ride the bus, be at the Boys & Girls Club by 9:20 am!

Friday November 14, 6 p.m.

Soup 'n Bread Carbon Ring

For more information, please call Dale Craig at 265-0675

To view the UUFNB Calendar, go to <http://www.huntcal.com/cgi/calview.cgi/uufnb/UUFNB>

UUFNB Announcements

Adult Programs: Sunday Mornings 9:40 to 10:45 a.m. Boys and Girls Club, 1515 Pueblo

- **October 26 - "Social Justice Forum"** Due to illness, BJ Pheiffer was unable to be with us last month to speak about the community garden. Join us this morning for "Take Two," and hear about the plans for our very own community garden here in Napa.
- **November 2 - "The Bible"** No one in the Bible is more fully described than David, the most famous and powerful king of ancient Israel. What he said, what he did, the family problems he had--it's all there, and it is an endlessly fascinating story. (Book of 2 Samuel) This program has been moved up a week because of the revival on Nov. 9. **"New to UU"** this month will need to be postponed until next month because the weekend has become too busy with other activities. Next month we will look at the earliest roots of Unitarianism and Universalism in Europe, and trace the rise of these two movements in America up to the merger in 1961.
- **November 9** - Adult programs cancelled because of the Revival. **Come at 9:20 to get on the bus to Santa Rosa!**

**Coming Soon! Van Jones at UU Church of Berkeley
UUCB, 1 Lawson Rd, Kensington CA 94707**

Van Jones, who delivered this year's Ware Lecture at GA, will be coming to lecture at UUCB on November 7th. He will be speaking on the themes of his new book, "Green Collar Economy" which looks at some solutions for solving two of our biggest problems, poverty and environmental degradation. He is a visionary and a powerful agent for change in our world. The lecture will begin at 7:00 with a delicious catered dinner available beforehand at 6:00. So please share this good news with your congregants and come to be inspired.

Admission: \$15.00 (No one turned away for lack of funds)

All Welcome! Wheelchair accessible. Childcare provided.

More information on Mr. Jones may be found at

<http://www.vanjoness.net> or <http://www.greenforall.org>.

For event information, please call 510-525-0302.

The Lawrence Lecture, endowed by former UUCB member Larry Berger, is an annual event at the Unitarian Universalist Church of Berkeley, featuring speakers addressing issues at the intersection of religion and society.

Carbon Ring News

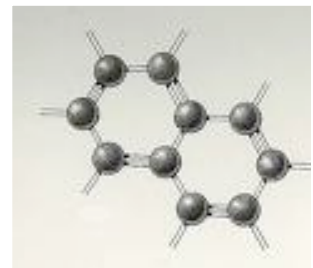
The first UUFNB Carbon Ring (The Soup 'N Bread Carbon Ring) has had 2 meetings, and I have had enthusiastic reports from several participants. The Sunday Carbon Ring, which will meet after the service (12:30 to 2:30) on 1st and 3rd Sundays starting Nov 2, is almost full.

It's not too late to join in! **The CUUPS group will be having a Carbon Ring meeting on Wednesday, November 19, at 7 pm**, at Grapeshot studios. If you are interested in joining in, get in touch with Doug Taylor at 226-7500 or grapeshotstudios@gmail.com.

We also hope that UUFNB will undertake community service projects that will decrease carbon dioxide emissions of our members and of the Napa community. We could form small teams that could put up clotheslines, build composters, plant trees, fix leaky faucets (pumping water to your house takes energy, which means carbon dioxide is emitted!), weather-stripping doors and windows, wrapping insulation around hot water heaters.

What can you do if you don't have time for a Carbon Ring? You can join an Enviro Squad! These Enviro Squads will help members of our congregation and maybe even our neighbors to reduce their carbon dioxide emission by taking on small household projects. The Carbon Ring Task Force came up with this list of projects:

- Putting up clotheslines
- Building composters
- Planting trees
- Fixing leaky faucets
- Weather-stripping doors and windows
- Wrapping hot water heaters with insulation



Help us add to this list, or sign up to lead or participate in one of these Enviro Squads! If you want to be more involved, look for the sign up sheet after the service, or contact Maggie Ingalls at pvfarm@comcast.net or at 747-5205.

Share the Plate!

This month, ten percent of our non-pledge plate collection will go to the Napa Valley Food Bank. Let's help them prepare for the holidays. Please be as generous as you can!

News from North Bay CUUPS

Meeting Change!

The November 5th CUUPS Meeting will be changed due to conflicting schedules with some of the members. The Napa Interfaith Council is having a presentation (salon) at the Napa Public Library that evening, with a renowned guest speaker that could not come on any other evening. Rev. Bonnie is president of the Napa Interfaith Council and will be presiding over a portion of the evenings activities.

The November 5th CUUPS meeting and talk on "Grounding" is postponed until December 3rd. It is recommended that all who are able attend the Interfaith Council's Salon to hear Dr. Bob Nozik, M.D. discuss his book "Happy4Life". Dr. Nozik is an internationally acclaimed author and Professor Emeritus at UC Med Center. (See announcement on page 9). There will be a meeting of the members of the Napa Interfaith Council at 5 pm, and the salon will start at 6 pm.

If you have any other questions about the Salon or the Stewardship meeting preceding it you may contact Rev. Bonnie at minister.uufnb@mac.com.

Other Dates of Note:

Saturday November 1	Dumssupper (see announcement below)
Wednesday November 19	CUUPS Carbon Ring Meeting
Saturday December 21	CUUPS Solstice Celebration

For more information about these events, contact Doug Taylor, 226-7500 or grapeshotstudios@gmail.com

Dumssupper

The ancient Celts celebrated the beginning of the new year on October 31. They also believed that on that night the veil between the worlds of the living and the dead was the thinnest, and so they took time that evening to honor those who had passed away during the year. If you are interested in participating in a meditative ritual honoring someone dear to you who has passed on, please consider attending our Dumssupper. Each participant brings a meal in honor of the deceased, which is eaten in silence. After the meal we will share our thoughts about the experience and our memories. The Dumssupper will be held at Barbara Kummer's home, on Saturday November 1, beginning at 6:00 pm. Space is limited, so if you wish to attend, please RSVP to Rev. Bonnie at (925) 256-4334 or minister@uufnb.org.



Reflections

This has been an exciting time in religious education! Our science classes for the six to twelve year olds have had some interesting curriculum presented by our local teachers and attendance has been good. Our schedule for November is:

- November 2 Study of an Oak Ecosystem – This is a field trip to West Hills Park.
- November 9 UU Revival at the Santa Rosa Church – There will be religious education offered that day, combining the RE classes from all four churches.
- November 16 Spawning Time! – Rainer Hoenicke will be teaching the children about salmon spawning at Zinfandel Creek. This is a field trip.
- November 23 Harvest Festival – This is a Community Sunday, when we all worship together (No Religious Education classes)
- November 30 Teeth and Evolution – Dr. Victoria Day will be helping the children to understand how their teeth evolved and how they developed.

I am in the process of trying to build the pre-school class and hope to have more children enrolled over the next few months. They continue with their curriculum about welcoming in their schools, homes and at church.

During December all classes will be working on justice activities for our community. Watch this column to see how you can be involved to make a difference this Christmas in Napa!

In faith,


Mary Ellen
Director of Religious Education



Community Bulletin Board and Area Events

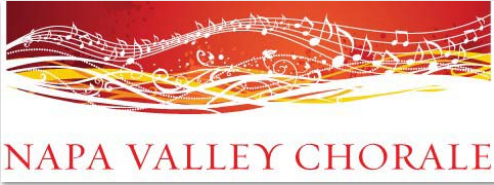
Disclaimer: The announcements in this section are not UUFNB endorsed or sponsored.

Please Join Us At




For Our FUNDRAISING EVENT

Invite All Of Your Friends & Family To Dine With Us
And Applebee's Will Donate 20%
Of The Proceeds To



NAPA VALLEY CHORALE

TUESDAY, OCTOBER 28, 2008
11:00 A.M.-10:00 P.M.
707-224-0502
ONLY @ 195 SOSCOL AVE, NAPA



Orders Will Be Applied!

This flyer IS your ticket-Please bring it with you
Please do not distribute flyers in or around restaurant

Stand on the Side of Love!
There will be a "No on 8"
phone bank from 2:00 to
4:00 on Sunday, November
2, at the Napa First United
Methodist Church, 625
Randolph Street. Bring your
own cell phone.



SUPPORT PLANNED PARENTHOOD

It has come to my attention that a group of aggressive, intimidating demonstrators have been parked in front of the Planned Parenthood office on Jefferson for the past 2 weeks. Their van, covered with horrendous pictures is parked at the curb and a large group of protestors carrying signs walk the sidewalk 5 feet from the clinic entrance accosting clinic clients and handing out literature. I found out that they plan to continue this protest for 40 days; it should end around election time.

I received permission from PP staff to stage a counter demonstration and I plan to do that. I invite any of you who share my passion for a woman's right to choose and my aversion to groups that use abusive, intimidating tactics to prevent others' free choice, to make a sign and "walk your talk" in support of the PP mission. Feel free to call me for more information or to coordinate our efforts.

Iris Barrie

Napa Interfaith News

CALLING ALL MEMBERS OF THE NAPA INTERFAITH COMMUNITY...

Please take note of the following important dates!

Wednesday November 5, 5 pm: Stewardship Meeting for the Napa Interfaith Council, and Evening Seminar by Dr. Bob Nozik, M.D Napa Library

Sunday November 23, 6 pm: Interfaith Thanksgiving Service, First United Methodist Church, 625 Randolph Street.

Wednesday December 3, noon: NIC Holiday Lunch, First United Methodist Church, 625 Randolph Street.

November Stewardship Meeting and Evening Salon

Last August, we held a meeting on a "Call for Transformation," where we talked about a renewed commitment to bring the Napa Interfaith Council into service for our community. Since that meeting, we've had three new members step forward to accept positions on the Board of Directors.

On **Wednesday, November 5**, we are asking that all NIC Members attend a stewardship meeting to discuss the results of our Call For Transformation meeting and what's happened since that date. The meeting will start at 5 p.m. at the Napa Public Library, downtown. This meeting, we promise, will last one hour. It will be an opportunity for discussion and feedback on the retreat.

Then, from 6-8 p.m., we have scheduled an extraordinary evening salon with Bob Nozik, M.D., author of Happy4 Life, Here's How To Do It. Dr. Nozik isn't your ordinary self-help author. He's currently a Professor Emeritus at the University of California Medical Center, and is recently retired from a distinguished medical career as a consultant, teacher, clinician.

He will reveal all the secrets he's unearthed for getting all the happiness we all dream of having, and he will save us 20 years in the process.

We welcome all NIC members, and the public, to the salon.

Please feel free to bring a friend.

Dr. Nozik is an international speaker and we are very lucky to have him in Napa for the evening.

