



UUFNB SUNDAY DIGEST

A Publication of the Unitarian Universalist Fellowship of North Bay
PO Box 4051, Napa, CA 94558 (707) 226-9220 www.uunorthbay.org
Services held at 1515 Pueblo Ave, at the Boys & Girls Club of Napa

Upcoming Services

Sunday January 11, 11 am

“Seeing the Light: How Everyone Can Be a Buddha” with The Rev. Roger Jones, and Worship Associate Matt Metzler. Buddhism was founded in India 2,500 years ago and flourished in other Asian nations. It is both a religion and a practical philosophy for living. Many UUs and other westerners practice some form of Buddhist meditation.

Roger Jones served for 10 years as the minister in Sunnyvale, where he was Bonnie's internship supervisor. Currently he is the Family Minister at the UU Society of Sacramento. He serves on the Pacific Central District Growth Committee and the PCD UU Ministers Association board. A graduate of Meadville Lombard Theological School in Chicago, he has been a student minister in Indiana, Massachusetts, and Rhode Island and last year was interim minister in Bloomington, Minnesota.

Sunday January 18, 11 am

“A Baha'i Perspective” with guest speaker Marie Barth and Worship Associate Rainer Hoenicke. Marie Barth is a member of our local Baha'i community.

Sunday January 25, 11 am

“In Pursuit of Happiness” Rev. Bonnie Dlott, with Worship Associate BJ Pheiffer. Happiness might be in short supply these days, but there is no shortage of opinions about how to become more happy. If happiness is a priority in your life, come and explore this subject with us today.

January 4, 2009

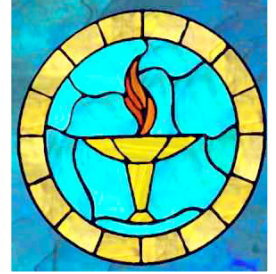
Dear Members and Friends of UUFNB,

It's wonderful to be involved in a Fellowship with so much going on! In the following pages, you will find invitations to learn about the Bible (from a liberal perspective), practice ballroom dancing, attend a mid-year congregational meeting, be a Buddha, donate items for the Spaghetti Dinner, join the choir, sing around the campfire, submit items for our revived newsletter, plan an Imbolc ritual, join a book club, meet new friends in Vallejo, cut down your carbon emissions, go on a tour of the DiRosa Preserve, participate in a UUA poll for our Commission on Social Witness, explore caring for each other, improve life for a small village in Nicaragua, attend a salon on values, come to a service in honor of Martin Luther King, Jr., and attend an interfaith community retreat. Whew!

If you need to remind folks about a Fellowship-wide event or program, please get in touch with Worship Associate Matt Metzler before Sunday and he will make your announcement or call on you to make it. If you would like an e-mail copy of a sermon I have given at UUFNB, send me a note. If you wish to have items included in the Sunday Digest for January 11, please submit them to me by noon on Friday, January 9!

The Rev. Bonnie Dlott
minister@uunorthbay.org
or call (925) 256-4334

UUFNB Calendar



Wednesday, January 7th, 7:15 p.m. to 8:45 p.m.

Choir Rehearsal

1135 Olive Hill Lane, Napa, Kate MacPherson, 255-5687.

Wednesday, January 7, 6 pm for informal conversation, 7 pm "official start"

Monthly meeting of CUUPS (Covenant of UU Pagans) Imbolc service planning.

Grapeshot Studios, 68 Coombs Ave., Studio D4. Rev. Bonnie Dlott (925) 256-4334

Friday, January 9, 6 p.m.

The Soup n' Bread Carbon Ring; Please bring a dish to share.

Meet at the home of Dale Craig, 1501 East Avenue, Napa, phone 707-265-0675.

Sunday, January 11, 9:45 a.m.

Choir Rehearsal

downstairs at the Boys and Girls Club. Kate MacPherson, 255-5687.

Wednesday, January 14th, 7:15 p.m. to 8:45 p.m.

Choir Rehearsal

1135 Olive Hill Lane, Napa, Kate MacPherson, 255-5687.

Thursday January 15, 10 am

No Name Book Club: to discuss "Married To A Bedouin" by Margarite van Geldermalsen (available at Napa Library in biography and on request from Solano)

Else Ross' --695 Cabot Way. For more information call Carolyn, 255-5148.

Sunday January 18, 12:30 p.m.

Sunday Carbon Ring

For More information call Maggie Ingalls at 747-5205

Monday, January 19, 4:30 p.m.

Committee on Ministry

For more information call Bonnie Dlott at (925) 256-4334

Tuesday January 20, 7 pm

Carquinez Cluster

Darlene Dragavon's house, 1468 Tamara Ct. in Benicia. For more info call 745-5290.

To view the UUFNB Calendar, go to <http://www.huntcal.com/cgi/calview.cgi/uufnb/UUFNB>

UUFNB Announcements

Adult Programs: Sunday Mornings 9:40 to 10:45 a.m. Boys and Girls Club, 1515 Pueblo

- **January 11** - "Talks on the Bible" with Jim Craig. A discussion of some miscellaneous "writings" in the Hebrew Bible: including a pretty explicitly erotic love poem, a cynical view of the world, a story of a Persian queen, an attempt at the age old question of why bad things happen to good people, and the most beloved passage in the Bible.
- **January 18** - "Whole Lot'a Shakin'" with William Somerville. Enough of the cold and damp! We're going back to summer camp right now! (Well, on Jan 18th). We'll sit around the Camp Fire and sing those great Camp Songs. The ones you never hear on the radio but everybody knows. So bring me your favorite camp songs, because, frankly, I didn't spend that much time at camp. That's Whole Lot'a Shakin' in two weeks, before church. Join the fun!
- **January 25** - "Social Justice Sunday" The Carbon Ring Task Force will give a presentation on Solar Energy. Please join us!

Ballroom Dance is Back!

On Sunday, January 18th, the Church is opening a floor up again for Ballroom Dance practice. Bonnie Richardson and William Somerville will be hosting. If you want to come practice your steps, please join us. If your curious and want to know more contact William (707 226-3909) or just come have a look! 12:30 to 2:30.

DiRosa Preserve Tour

Please join Barbara Kummer for a tour of the DiRosa Preserve on Saturday, January 17th at 10AM. Iris Barrie, a di Rosa docent, will lead us on this two hour tour of 2 galleries, a residence and outdoor sculpture areas. You will see one of the largest regional art collections in the country. There are over 1000 works of contemporary art by S.F. Bay area artists on display, all purchased by Rene diRosa over the last 50 years. He generously opened his home and galleries to the public 11 years ago. The art is showcased in one of the most beautiful natural settings in the Carneros region of Napa, hence the name "diRosa Preserve: Art and Nature." Tours cost are \$15 for regular and \$13 for seniors; reservations are needed and should be in made by January 15th at the latest. Please contact Barbara @barbarak@napanet.net or 226-1191 if you are interested.

You are also invited to join us afterwards for lunch and conversation at China Light in Napa , should that appeal to you.

COMING SOON . . .

SPAGHETTI FEED AND AUCTION 2009!

Please save the date of Saturday,

February 7 for our annual spaghetti feed

and silent auction. Also, start thinking about

auction items you might donate: gifts you've never gotten around to using, unique services you can offer, heirlooms that you're ready to let go. Be creative! Call Lenore Hirsch at 320-0643 if



you want to explore donation ideas or you want her to pick up your items in advance.

Have you made a New Years Resolution to get more involved at UUFNB?

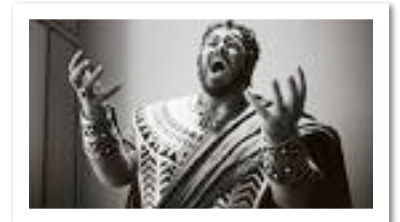


No pink dresses or
experience required!
New members welcome!

How about to have more fun?

You can do both!

Come join the Choir!



Rehearsals start on January 7!

Regular Rehearsal times are:



Wednesdays, 7:15 to 8:45 p.m.

at the home of Kate MacPherson, 1135 Olive Hill Lane, Napa,
and some Sunday mornings downstairs at the Boys & Girls Club, at 9:45.

For more information call Kate MacPherson at 255-5687.

A Message from the Minister

Happy New Year! There are several important things happening in January that I would like you to know about. The first is that we will be going back to having a monthly newsletter. Gayle Keane has graciously offered to be the editor of The Balloon, beginning in February. This means that **anything that you want to be included in the February Balloon must be submitted to her electronically by the third Sunday of January**, which is the 18th. Send your submissions to her at gaylekeane@msn.com and please include "For the newsletter" in the subject of your e-mail. I will continue to send out the "UUFNB Sunday Digest" in e-mail form, but it will just be a short e-mail highlighting the following week or so. To submit items for the digest, just copy me when you send them to Gayle, or send them to me by the Friday before, as usual. Items for the calendar should be sent to Mary Ellen Morgan as usual.

Because I will no longer be composing the longer version of the Digest, I will have more time to focus on the pastoral and spiritual needs of our community. My first priority will be to meet with those in our congregation who wish to explore issues related to caring for each other, and want to work together to find ways of meeting those needs. The group will be open to anyone who wants to join and can commit to coming to our meetings. Our meetings will take the form of a small group ministry or covenant group, and will meet monthly for study, discussion, and reflection. The ultimate goal of this group will be to model and foster a culture of caring at UUFNB that is responsive, loving, and spiritually healthy.

Before this group meets for the first time, I feel it is important to assess the needs of our members. In the next week or so, each member of the Fellowship will be getting a phone call from myself or a volunteer, asking each of you how you are doing, and what you might have to offer others in times of need. In addition we will be asking if there are other ways you would like to be more involved at UUFNB, and whether you have any thoughts or concerns you would like to pass on to our Board of Trustees. I hope you will take the time to have a conversation with whoever calls you. Our volunteer callers are Bob & Sylvia Jones, Tom and Dolores Wilson, Peggy Petersen, Barbara Kummer, Mary Lu Kennelly, and myself.

On January 25th, after the service, we will be having our mid-year congregational meeting. This is your chance to hear about what the board has been working on this year, along with highlights from some of our committees. There will also be a time for you to give some feedback. We will not be voting on any issues directly related to the congregation at this meeting, but the UUA Commission on Social Witness has asked us to participate in polls regarding the most recent draft Statement of Conscience which is on "Peacemaking" and our current Study Action Issue, "Ethical Eating." If you wish to participate in this poll, please use these links to read the drafts: Peacemaking: <http://www.uua.org/socialjustice/issuesprocess/currentissues/peacemaking/121606.shtml>. For Ethical Eating: <http://www.uua.org/socialjustice/issuesprocess/currentissues/ethicaleating/55648.shtml>.

Those of you who read these materials before the meeting will have a chance to vote to support them as a congregation or not. Please take a look!

See you in Church!

Rev. Bonnie Dlott

Share the Plate!

This month, ten percent of our non-pledge plate collection will go to Developing Communities, Inc., whose mission is to improve the quality of life for people in Nicaragua, one community at a time. Please be as generous as you can!

Community Bulletin Board and Area Events

Disclaimer: The announcements in this section are not UUFNB endorsed or sponsored.

Please Join the Napa Interfaith Council for a Noon Salon

Wednesday, January 7, 2008, Noon-1:30 p.m
First United Methodist Church, 929 Randolph St, Napa

"Exploring Our Shared Values"

facilitated by Rev. Bonnie Dlott

Unitarian Universalist Congregation,
President of the Napa Interfaith Council. No charge!

**Please Join the Napa Interfaith Council
For a service honoring the life of**

The Rev. Dr. Martin Luther King Jr.

Sunday January 18

7:00 pm

First United Methodist Church

**Featuring the Gospel Singers
of Union Baptist Church**

Also from the Napa Interfaith Council . . .

An Interfaith Community Retreat

On Sunday, February 8, 2009 from 8:30 to 1:30 p.m., the Napa Interfaith Council will sponsor its 5th annual community retreat on deepening our connection to each other, our spirit and our faith. This retreat will be held at

Christian Brothers, Mt. La Salle
4405 Redwood Rd., Napa.

Facilitated by **Ron Valle, Ph.D and Mary Mohs,** of "**Awakening, A Center for Living and Dying,**" we will work together to define what matters, how to make a difference, dealing with change and connection to the sacredness of life. This will also be an opportunity us to share our experience and build community.

Space is limited to 60 participants. We request a \$60 donation to cover the cost of the facility, speakers and lunch.

Please send your check to: Napa Interfaith Council, P.O. Box 6863, Napa, CA 94581.

The Napa Interfaith Council is sponsoring this interactive retreat to provide you with the support you need to continue nurturing your spiritual values.