



UUFNB SUNDAY DIGEST

A Publication of the Unitarian Universalist Fellowship of North Bay
PO Box 4051, Napa, CA 94558 (707) 226-9220 www.uunorthbay.org
Services held at 1515 Pueblo Ave, at the Boys & Girls Club of Napa

Upcoming Services

Sunday November 9, 11 am

This morning we will join the Santa Rosa, Marin, and Petaluma UU congregations for a spirit-filled UU Revival Service in Santa Rosa. Worship will be led by the ministers, and singers from all four congregations will participate in the music. Children's Religious Education will be offered. After the service, lunch will be available for about \$10. We have rented a bus which will take us to the service and back in style! **Please arrive at the Boys and Girls Club no later than 9:20 so the bus can leave promptly at 9:30!** There will be a few folks who can drive if we exceed the capacity of the bus. The bus ride is free, but if you want to help defray the expense with an entirely optional \$10 donation.

Sunday November 16, 11 am

"Why Forgive?", Sue Magidson with Worship Associate Rainer Hoenicke. How do we decide whether and when to forgive? What if we want to forgive and can't? This sermon will dispel some myths, raise some questions, and offer some strategies. Sue Magidson is a lifelong UU, a longtime member of the UU Church of Berkeley, and a third year student at Starr King School for the Ministry.

Sunday November 23, 11 am

"Guest at our Table" Rev. Bonnie Dlott, with Worship Associate Suze Bobzien. This Sunday, we'll open our "Guest at Your Table" program with an intergenerational worship celebration. Today we will learn about real struggles for justice in the United States and around the world, and how our own Unitarian Universalist Service Committee works to promote our values in the world. This will be a service for all ages, so there will be no religious education program.

November 2, 2008

Dear Members and Friends of UUFNB,

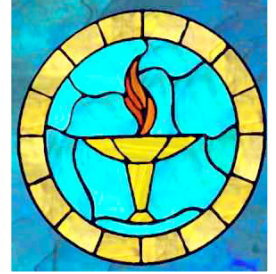
We had a beautiful service of memory yesterday for our dear Susan Levine. Many thanks to Kate and to our choir members for their beautiful music. Susan would have loved it, especially our rousing rendition of "Let there be Peace on Earth." I was able to spend quite a bit of time with Susan's family this week, which is why you did not see me in church this morning.

Next week we will not be worshipping together at the Boys & Girls Club, so if you show up there at 11 am you will be lonely. Instead, come at 9:20 am and get on the bus to the UU Congregation of Santa Rosa, (or arrive there on your own by 11 am; 547 Mendocino Ave.) where we will worship with three other North Bay UU Congregations. Lunch will be available for under \$10. An offering will be taken at the service that will be donated to a yet-to-be determined cause, so please **do not put any UUFNB Pledge donations in the basket!!**

If you need to remind folks about a Fellowship-wide event or program next week, you're pretty much out of luck because there will be no congregational announcements in Santa Rosa. Send your announcements to me by noon on Friday, November 7, and I will include them in next week's Digest. If you would like an e-mail copy of a sermon I have given at UUFNB, send me a note.

The Rev. Bonnie Dlott
minister@uunorthbay.org
or call (925) 256-4334

UUFNB Calendar



Wednesday November 5, 7 pm

CUUPS meeting postponed until Dec 3: see announcement on page 5.

Doug Taylor, 226-7500 or grapeshotstudios@gmail.com

Wednesday November 5, 7:15 p.m.

Choir Rehearsal

Kate MacPherson's, 1135 Olive Hill Lane in Napa. 255-5687

Sunday November 9, 11 am (Choir please be there by 10 am for group rehearsal!)

UU Revival at the UU Congregation of Santa Rosa, 547 Mendocino Blvd. in Santa Rosa

To ride the bus, be at the Boys & Girls Club by 9:20 am!

Wednesday November 12, 7:15 p.m.

Choir Rehearsal

Kate MacPherson's, 1135 Olive Hill Lane in Napa. 255-5687

Friday November 14, 6 p.m.

Soup 'n Bread Carbon Ring

For more information, please call Dale Craig at 265-0675

Sunday November 16, 12:30 p.m.

Sunday Carbon Ring Meeting

For more information, please call Maggie Ingalls at 747-5205

Tuesday, November 18th, 10 a.m.

No Name Book Club: Essays from *Consider the Lobster* or *A Fun Thing I'll Never Do Again* by David Foster Wallace. Else Ross's @ 695 Cabot Way (off So. Jefferson).

Tuesday, November 18, at 7:00 p.m.

The Carquinez Cluster of UU's and Friends

Darlene Dragavon's home, 1468 Tamara Ct. in Benicia.

For more info, contact Darlene at dfjantzen@aol.com or H 707-745-5290 or C 707-291-8592.

Wednesday, November 19, 7:00 p.m.

Sonoma Chalice Circle

The Red Grape, in Sonoma. For more information, please call Mary Ellen Morgan, 294-2759

To view the UUFNB Calendar, go to <http://www.huntcal.com/cgi/calview.cgi/uufnb/UUFNB>

UUFNB Announcements

Adult Programs: Sunday Mornings 9:40 to 10:45 a.m. Boys and Girls Club, 1515 Pueblo

- **November 9** - Adult programs cancelled because of the Revival. **Come at 9:20 to get on the bus to Santa Rosa!**
- **November 16** - “**Whole Lotta Shakin’**” - Led by William Somerville. We will be focusing on chants and drum circle and also be singing a few folk songs. Everyone welcome, especially beginners and children . . . drums will be provided.

Coming This Week! Van Jones at UU Church of Berkeley UUCB, 1 Lawson Rd, Kensington CA 94707

Van Jones, who delivered this year's Ware Lecture at GA, will be coming to lecture at UUCB on November 7th. He will be speaking on the themes of his new book, "Green Collar Economy" which looks at some solutions for solving two of our biggest problems, poverty and environmental degradation. He is a visionary and a powerful agent for change in our world. The lecture will begin at 7:00. Come to be inspired!

Admission: \$15.00 (No one turned away for lack of funds)

All Welcome! Wheelchair accessible. Childcare provided.

More information on Mr. Jones may be found at

<http://www.vanjoness.net> or <http://www.greenforall.org>.

For event information, please call 510-525-0302.

The Lawrence Lecture, endowed by former UUCB member Larry Berger, is an annual event at the Unitarian Universalist Church of Berkeley, featuring speakers addressing issues at the intersection of religion and society.

In *The Green Collar Economy: How One Solution Can Fix Our Two Biggest Problems*, acclaimed activist and environmental leader Van Jones embraces the challenges of oil dependence, a sagging economy, and global warming itself, transforming these looming threats into enormous financial opportunities.

Jones gives a new voice to a different kind of environmentalism, one deeply rooted in the lives and struggles of ordinary people. It's not about green consumers; it's about green workers and bringing the environmental movement to the working class.

The message of *The Green Collar Economy* is clear: “Give the work that most needs to be done to the people who most need the work,” and solve two pressing problems—pollution and poverty—at once. In turn, you provide people with not just a paycheck, but also a purpose. *The Green Collar Economy* delivers a timely and essential call to action for this new century.

Carbon Ring News

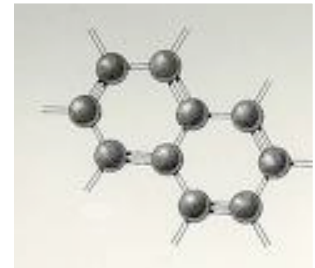
Our second UUFNB Carbon Ring, “The Sunday Carbon Ring”, launched today. This ring will meet twice monthly, after our services on each 1st and 3rd Sunday, from 12:30 to 2:30.

It's not too late to join in! **The CUUPS group will be having a Carbon Ring meeting on Wednesday, November 19, at 7 pm**, at Grapeshot studios. If you are interested in joining in, get in touch with Doug Taylor at 226-7500 or grapeshotstudios@gmail.com.

We also hope that UUFNB will undertake community service projects that will decrease carbon dioxide emissions of our members and of the Napa community. We could form small teams that could put up clotheslines, build composters, plant trees, fix leaky faucets (pumping water to your house takes energy, which means carbon dioxide is emitted!), weather-stripping doors and windows, wrapping insulation around hot water heaters.

What can you do if you don't have time for a Carbon Ring? You can join an Enviro Squad! These Enviro Squads will help members of our congregation and maybe even our neighbors to reduce their carbon dioxide emission by taking on small household projects. The Carbon Ring Task Force came up with this list of projects:

- Putting up clotheslines
- Building composters
- Planting trees
- Fixing leaky faucets
- Weather-stripping doors and windows
- Wrapping hot water heaters with insulation



Help us add to this list, or sign up to lead or participate in one of these Enviro Squads! If you want to be more involved, look for the sign up sheet after the service, or contact Maggie Ingalls at pvfarm@comcast.net or at 747-5205.

Share the Plate!

This month, ten percent of our non-pledge plate collection will go to Unitarian Universalist Association, in lieu of “Association Sunday.” Please be as generous as you can!

News from North Bay CUUPS

Meeting Change!

The November 5th CUUPS Meeting will be changed due to conflicting schedules with some of our members. The Napa Interfaith Council is having a presentation at the Napa Public Library that evening, with a renowned guest speaker that could not come on any other evening. Rev. Bonnie is president of the Napa Interfaith Council and will be presiding over a portion of the evenings activities.

The November 5th CUUPS meeting and talk on "Grounding" is postponed until December 3rd. It is recommended that all who are able attend the Interfaith Council's Salon to hear Dr. Bob Nozik, M.D. discuss his book "Happy4Life". Dr. Nozik is an internationally acclaimed author and Professor Emeritus at UC Med Center. (See announcement on page 7). There will be a meeting of the members of the Napa Interfaith Council at 5 pm, and Dr. Nozik's presentation will start at 6 pm.

If you have any other questions about the Presentation or the Stewardship meeting preceding it you may contact Rev. Bonnie at minister.uufnb@mac.com.

Other Dates of Note:

Wednesday November 19 CUUPS Carbon Ring Meeting

Saturday December 21 CUUPS Solstice Celebration

For more information about these events, contact Doug Taylor, 226-7500 or grapeshotstudios@gmail.com

Ashland 2009

Last year a group of our members joined a group from the Mt. Diablo UU Church for a trip up to Ashland, Oregon, for a chance to take in some great plays and make some new friends. Those attending reported having a great time!

This year the Mt. Diablo group will be going on March 13-15, 2009. The plays will be Macbeth, Death the King's Horseman, The Music Man, and Dead Man's Cell Phone. The price is \$254 for 3 plays/ 2 nights, \$300 for 3 plays/ 3 nights, \$330 for 4 plays/3 nights with reception, speaker, luncheon, etc.

For more information, contact Carole Woods at rdrcwoods@astound.net.



Reflections

This has been an exciting time in religious education! Our science classes for the six to twelve year olds have had some interesting curriculum presented by our local teachers and attendance has been good. Our schedule for November is:

- November 2 Study of an Oak Ecosystem – This is a field trip to West Hills Park.
- November 9 UU Revival at the Santa Rosa Church – There will be religious education offered that day, combining the RE classes from all four churches.
- November 16 Spawning Time! – Rainer Hoenicke will be teaching the children about salmon spawning at Zinfandel Creek. This is a field trip.
- November 23 Harvest Festival – This is a Community Sunday, when we all worship together (No Religious Education classes)
- November 30 Teeth and Evolution – Dr. Victoria Day will be helping the children to understand how their teeth evolved and how they developed.

I am in the process of trying to build the pre-school class and hope to have more children enrolled over the next few months. They continue with their curriculum about welcoming in their schools, homes and at church.

During December all classes will be working on justice activities for our community. Watch this column to see how you can be involved to make a difference this Christmas in Napa!

In faith,

Mary Ellen
Director of Religious Education



Community Bulletin Board and Area Events

Disclaimer: The announcements in this section are not UUFNB endorsed or sponsored.

CALLING ALL MEMBERS OF THE NAPA INTERFAITH COMMUNITY...

Please take note of the following important dates!

Wednesday November 5, 5 pm: Stewardship Meeting for the Napa Interfaith Council, and Evening Seminar by Dr. Bob Nozik, M.D Napa Library

Sunday November 23, 6 pm: Interfaith Thanksgiving Service, First United Methodist Church, 625 Randolph Street.

Wednesday December 3, noon: Napa Interfaith Council Holiday Lunch, First United Methodist Church, 625 Randolph Street. Bring a dish to share!

November Stewardship Meeting and Evening Salon

Last August, we held a meeting on a "Call for Transformation," where we talked about a renewed commitment to bring the Napa Interfaith Council into service for our community. Since that meeting, we've had three new members step forward to accept positions on the Board of Directors.

On **Wednesday, November 5**, we are asking that all NIC Members attend a stewardship meeting to discuss the results of our Call For Transformation meeting and what's happened since that date. The meeting will start at 5 p.m. at the Napa Public Library, downtown. This meeting, we promise, will last one hour. It will be an opportunity for discussion and feedback on the retreat.

Then, from 6-8 p.m., we have scheduled an extraordinary evening salon with Bob Nozik, M.D., author of Happy4 Life, Here's How To Do It. Dr. Nozik isn't your ordinary self-help author. He's currently a Professor Emeritus at the University of California Medical Center, and is recently retired from a distinguished medical career as a consultant, teacher, clinician.

He will reveal all the secrets he's unearthed for getting all the happiness we all dream of having, and he will save us 20 years in the process.

We welcome all NIC members, and the public, to the salon.
Please feel free to bring a friend.
Dr. Nozik is an international speaker and we are very lucky to have him in Napa for the evening.

