



UUFNB SUNDAY DIGEST

A Publication of the Unitarian Universalist Fellowship of North Bay
PO Box 4051, Napa, CA 94558 (707) 226-9220 www.uunorthbay.org
Services held at 1515 Pueblo Ave, at the Boys & Girls Club of Napa

Upcoming Services

Sunday, February 1, 11 am

"A Celebration of Imbolc" with our Fellowship's chapter of CUUPS. Join us today as we explore and celebrate the sacred day of Imbolc, which falls exactly half way between the Winter Solstice and the Vernal Equinox. This is a time to plant seeds, in the ground and in your life, that you may have an abundant harvest this year. This is a community Sunday, and children are welcome at the service. Child care only for very young ones.

Sunday, February 8, 11 am

"So Much More..." Rev. Terry Sweetser, with Worship Associate Suze Bobzien. We often say, "Things aren't what they seem," and conclude with "they are so much less." The teachings of both our Unitarian and Universalist forebears are exactly the opposite. To celebrate your wonderful congregation: a service that urges us to imagine that things aren't just what they seem, they are so much more!

Sunday, February 15, 11 am

Sermon title: "What Death Teaches about Life" With Connee Pike and Worship Associate Lenore Hirsch. Connee Pike has been a chaplain for Hospice of Napa Valley since 2003. In private practice, she integrates her training and experience to support and guide individuals on their spiritual paths, assist individuals and families through the transitions of birth and death, and to teach classes on consciousness, healing, reiki, meditation, and spiritual midwifery.

January 25, 2009

Dear Members and Friends of UUFNB,

Thanks to those of you who stayed after the service today for our "Conversations with the Board." The Board appreciates the opportunity to let you know what they are doing, listen to your feedback, and hear your concerns.

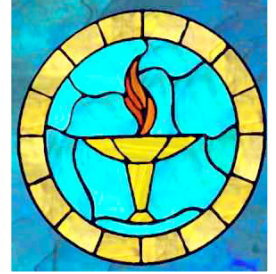
This is the last week you will be receiving the digest in this form. Look for your February newsletter, *The Balloon*, in your e-mail inbox some time this week. Next week your Digest will be a short e-mail, like it has been in the past.

We are extremely lucky to have the Rev. Terry Sweetser preaching for us on Feb 8. Rev. Sweetser is a fifth generation UU, a minister of 35 years, and a fund raiser who currently serves as our UUA V.P. for Stewardship and Development. If you are interested in the future of UUFNB, please plan to be at this service!

If you need to remind folks about a Fellowship-wide event or program, please get in touch with me before Sunday and I will make your announcement or call on you to make it. If you would like an e-mail copy of a sermon I have given at UUFNB, send me a note. If you wish to have items included in the Sunday Digest for January 25, please submit them to me by noon on Friday, January 30!

The Rev. Bonnie Dlott
minister@uunorthbay.org
or call (925) 256-4334

UUFNB Calendar



Wednesday, January 28, 7:15 pm to 8:45 pm

Choir Rehearsal

1135 Olive Hill Lane, Napa, Kate MacPherson, 255-5687

Sunday February 1, 12:30

Sunday Carbon Ring

For more information call Maggie Ingalls at 747-5205

Wednesday, February 4, 7:00 p.m.

North Bay CUUPS Chapter Meeting

68 Coombs Ave. Studio D4. Doug Taylor, 226-7500

Wednesday, February 4, 7:15 pm to 8:45 pm

Choir Rehearsal

1135 Olive Hill Lane, Napa, Kate MacPherson, 255-5687

Saturday, February 7, 5:30 p.m.

Spaghetti Dinner and Auction

RSVP to Lenore Hirsch, 320-0643: See details on page 4.

Sunday, February 8, 9:45 a.m.

Choir Rehearsal

Downstairs at the Boys & Girls Club, Kate MacPherson, 255-5687

Friday, February 13, 6 p.m.

Soup n' Bread Carbon Ring

at the home of Else Ross, 695 Cabot Way

Monday, February 16, 4:30 pm

Committee on Ministry

Bonnie Dlott, (925) 256-4334

Monday, February 16, 7:00 p.m.

RE Council Meeting

657 Montecito, Mary Ellen Morgan, 294-2759

Tuesday, February 17, 7:00 pm

Carquinez Cluster. We will discuss the *Gnostic Gospels*. Darlene Dragavon's home, 1486 Tamara Ct. in Benicia. contact Darlene at dfjantzen@aol.com or H 707-745-5290 or C 707-291-8592.

To view the UUFNB Calendar, go to <http://www.huntcal.com/cgi/calview.cgi/uufnb/UUFNB>

UUFNB Announcements

Adult Programs: Sunday Mornings 9:40 to 10:45 a.m. Boys and Girls Club, 1515 Pueblo

- **February 1** - "New to UU" This morning we will be discussing Unitarian and Universalist history up to the merger in 1961. Please get in touch with Bonnie if you have questions at (925) 256-4334.
- **February 8** - "Talks on the Bible, with Jim Craig. Traditional Christian theology has insisted that Jesus Christ was both human and divine. This first session on Jesus will concentrate on the Gospel witness to his humanity, especially his teachings--Sermon on the Mount, parables, "hard" sayings, etc.
- **February 15** - "Whole Lot'a Shakin'" with William Somerville. Come join the band! Music is so enjoyable, it's even more fun to play. Together we will find your inner musician and you can jam with the band. Perfect for beginners and lots of fun for those who already play.

Coming Soon!

The UU Women & Religion of the Pacific Central District Annual Retreat

GENERATIONS OF WOMEN

PAST, PRESENT, FUTURE

A Weekend Retreat of Relaxation and Rejuvenation

March 6-8, 2009 at Enchanted Hills, Napa, California.

*Join a caring circle and time away from your everyday world.
Two nights lodging, six delicious meals, a superb program, and beautiful scenery.
Program includes workshops, dance, yoga, tai chi, meditation, games,
boutique, book swap, silent auction, and more.*

Early bird cost by Feb. 2 is \$230.00 (otherwise \$250.00).

DEPOSIT OF \$50.00 DUE WITH RESERVATION.

Registration and fee are due by February 16.
For Registration forms and more information,
e-mail Jeane at nejaros@sbcglobal.net or call 415-673-2970

Spaghetti Dinner and Auction

This year's spaghetti dinner and auction will be held on Saturday, February 7. The evening will start around 5:30 p.m. with drinks, appetizers, and music to enjoy while you check out the auction. Come early to bid on the best items! Our dinner will begin around 6:30, with the live auction at 7:00. This is a great social event, so bring friends! Tickets are \$10 for adults, \$5 for age 5 to 12, under 5 free. Proceeds from the evening will go to the Fellowship's general fund.

To reserve your place at the dinner, please RSVP to Lenore Hirsch by email or phone her at 320-0643 and give her your name and the number in your party (including you.) This is important in order for us to prepare enough food! Also contact Lenore with details on any item you can donate for the auctions--art/wine/food/services/lodging--just about anything goes!

If you can volunteer to do any of the following, please contact Pam at 257-7583, duckett002@aol.com.

1. Bring 1 large box of Organic Earthbound Spring Mix Lettuce
2. Bring 1 small box of cherry tomatoes
3. Pre-cook 2 lbs. of regular spaghetti
4. Help with set up (3:30 p.m.)
5. Help with clean up



Thanks! Feel free to contact either Lenore or Pam with questions.

One Last Chance! (really)

Please return you "Guest at Your Table" boxes on Sunday, February 1, to Margo McCandless!

Share the Plate!

This month, ten percent of our non-pledge plate collection will go to Developing Communities, Inc., whose mission is to improve the quality of life for people in Nicaragua, one community at a time. Please be as generous as you can!



Ballroom Dance is Back!

On Sunday, February 1,
our Fellowship is opening a floor up again for
Ballroom Dance practice. Bonnie Richardson
and William Somerville will be hosting. If you
want to come practice your steps, please join us.

If you are curious and want to
know more contact William
(707 226-3909)
or just come have a look!
12:30 to 2:30.



Community Bulletin Board and Area Events

Disclaimer: The announcements in this section are not UUFNB endorsed or sponsored.

The Napa Interfaith Council presents

An Interfaith Community Retreat

On Sunday, February 8, 2009 from 8:30 to 1:30 p.m., the Napa Interfaith Council will sponsor it's 5th annual community retreat on deepening our connection to each other, our spirit and our faith. This retreat will be held at

Christian Brothers, Mt. La Salle
4405 Redwood Rd., in Napa.

Facilitated by **Ron Valle, Ph.D** and **Mary Mohs**, of "**Awakening, A Center for Living and Dying**," we will work together to define what matters, how to make a difference, dealing with change and connection to the sacredness of life. This will also be an opportunity us to share our experience and build community. Space is limited to 60 participants. We request a \$60 donation to cover the cost of the facility, speakers and lunch.

Please send your check to: Napa Interfaith Council, P.O. Box 6863, Napa, CA 94581.

The Napa Interfaith Council is sponsoring this interactive retreat to provide you with the support you need to continue nurturing your spiritual values.