



UUFNB SUNDAY DIGEST

A Publication of the Unitarian Universalist Fellowship of North Bay
PO Box 4051, Napa, CA 94558 (707) 226-9220 www.uunorthbay.org
Services held at 1515 Pueblo Ave, at the Boys & Girls Club of Napa, 11 am

Upcoming Services

Sunday February 24, 11 am

Rev. Bonnie Dlott: "The Road to Selma" with
Worship Associate BJ Pfeiffer.

Earlier this month your minister traveled to Memphis for a conference sponsored by Unitarian Universalist Allies for Racial Equity, an organization that encourages white UU's to become allies to people of color. The most compelling aspect of the weekend was in the stories that were told, illustrating the power of one person's willingness to speak up, stand up, or even just show up in response to injustice. Come and hear for yourself the story of one UU, Rev. Clark Olsen, who was in Selma with Dr. Martin Luther King at the turning point of the Civil Rights movement, in March of 1965.

Sunday March 2, 11 am

Rev. Bonnie Dlott: "Celebration Sunday" with
Worship Associate David Ross.

It's that time of year! Come celebrate how we've grown, hear what fellow members are saying about why they love this Fellowship, and dream about what we could do next year! If you are ready to help us make our dreams come true, come ready to sign a pledge card for next year.

Sunday March 9, 11 am

Drew Matott, Jon Michael Turner, Drew Cameron, and Phil Aliff: "The Combat Paper Project." with
worship Associate Matt Metzler.

The story of the soldier, the Marine, the men and the women, and the journeys within the military service in a time a war is the basis for the paper project. This is a collaborative project that utilizes uniforms worn in combat in Iraq. Veterans cut, cook, beat, and form sheets of paper out of their uniforms, and in this way, they are able to use the transformational processes of papermaking to reclaim their uniform as art and begin to reconcile their experiences as a soldier in Iraq.

February 17, 2008

Emergence

by Barbara Kummer

Deep down in the belly of the Earth i slept
and dreamt
Darkness nourished and enfolded solitary me
Winter is the time for it.
Peace comes with slowing down
Like the tree i waited
a nudge and then another
Wake up!! Wake up !!

And let the Light shine through you

If you need to remind folks about a Fellowship-wide event or program next Sunday, please get in touch with BJ Pfeiffer, who will be our Worship Associate next week, and she will make your announcement or call on you to make it. If you would like an e-mail copy of any sermon I have given at UUFNB, send me a note. And don't forget, if you wish to have items included in the Sunday Digest for February 24, please submit them to me by noon on Friday, February 22!

See you in Church!

The Rev. Bonnie Dlott
minister.uufnb@mac.com
(925) 256-4334

UUFNB Calendar



Monday February 18, 4:00

Committee on Ministry Meeting

For more information call Bonnie, (925) 245-4334

Tuesday February 19, 7 p.m.

Carquinez Cluster

Tom and Darlene Dragavon's house, 1468 Tamara Ct. in Benicia.

For more information, contact Tom at thosdragavon@aol.com or 745-5290.

Monday February 25, 8 p.m.

Monday Night Meditation

Susan Levine's home, 2341 Joanne Circle, 226-3975

Thursday February 28, Noon

DVD Presentation: Rupert Sheldrake's "The Extended Mind"

A captivating presentation regarding fields of consciousness, including communication between owners and their pets, For a preview --www.sheldrake.org.

At the home of Barbra McCandless-2220 Yajome Apt 5, 255-2596

Thursday February 28, 7 p.m.

Chalice Circles, Vallejo and St. Helena

"Conversations that Count" for folks who want to get to know each other better! Topics vary.

For Vallejo, call Rev. Bonnie at (925) 256-4334. For St. Helena, Call Mary Ellen at 294-2759.

Sunday March 2, 12:30

Worship Committee Meeting

Place to be Announced: Jim Craig, 258-0341

Sunday March 2, 1:00 pm

Pastoral Care Committee Meeting

at the home of Dolores Wilson, 2748 Elks Way, Napa.

Monday March 3, 7 p.m.

Social Justice Committee Meeting

68 Coombs Ave, Studio D4 Doug Taylor 226-7500

To view the UUFNB Calendar, go to <http://www.huntcal.com/cgi/calview.cgi/uufnb/UUFNB>

UUFNB Announcements

Adult Programs: Sunday Mornings 9:40 to 10:45 a.m. Boys and Girls Club, 1515 Pueblo

- **February 24** – “**Social Justice Forum.**” Brought to you by our Social Justice Committee, our morning forums feature speakers and discussions relevant to our member’s social justice concerns. February’s topic is sustainability, and our speaker will be Mick Winters.
- **March 2** – “**New to UU**” class this morning will be a preview of the Spring Programs we are offering here at UUFNB, including “The Artists Way” with Mary Ellen Morgan and Doug Taylor. All are invited to attend. Rev. Bonnie will also be on hand to answer general questions about UUFNB.
- **March 9** – “**Make a Joyful Noise!**” Adults, teens, and children are invited to join with Craig Payne to “feel the joy of your own music.” Please bring your drums, rattles, bells, recorders or other music-making instruments, or just yourselves to explore rhythm, including your own. Craig also provides rhythm makers and a great appreciation for people and their potential. Children under 10 should be accompanied by an adult.

Mark Your Calendars! The Artist’s Way is coming!

A Message from Mary Ellen Morgan, DRE

On March 18th, and for the following twelve Tuesdays, Doug Taylor and I will be teaching The Artist’s Way, the land mark course on creativity originated by Julia Cameron. Doug has taken and taught the course before, and I studied under Julia Cameron in Chicago. The course is powerful and the change in the class in the twelve weeks is striking. The class will be offered to members of the Fellowship for \$5 per week and to members of the community for \$10. You will also need to buy the book, many copies are available used on Amazon.com, and will need a loose leafed notebook. Registration forms will be available soon and priority will be given to Fellowship members. For more information, please contact Doug or me.

For A preview of “The Artists Way,” Come to New to UU on March 2 (see above).

Share the Plate!

February’s Share the Plate donation (10% of all non-pledge plate donations) will go to Puertas Abiertas, a community resource center dedicated to serving those in need in the North Bay.



Board Buzz . . .

WHAT does the Fellowship offer me? Partial list below. **WHO** does all of this? Staff and volunteers.

Adult Programs

Adult Programs Cmte Chair – Sylvia Weaver Jones
The Bible as Literature – Jim Craig
CUUPS – Bonnie Dlott
DVD Discussion – Barbara Kummer
Make a Joyful Noise – Craig Payne
New to UU Class – Bonnie Dlott
No Name Book Club – Sylvia Weaver Jones
David Kortzen Discussion – Phyllis Boyson

Board

President – Bob Jones
Vice-President – Iris Barrie
Secretary – Margaret Kelso
Treasurer – Rainer Hoenicke
At-Large - Jim Craig, Iris Daigre, Lee Long
Ex-Officio – Bonnie Dlott
Adult Programs Liaison – Lee Long
Hospitality Liaison – Iris Barrie
Membership Liaison – Margaret Kelso
Set-Up Liaison – Jim Craig
Social Justice Liaison – Iris Daigre
Worship/Music Liaison – Rainer Hoenicke

Board Extensions

Boys & Girls Club – Jim Craig
Committee on Ministry – Doug Taylor
Long Range Planning – Rainer Hoenicke
New Site Search - Iris Barrie
Nominating Cmte – Bob Jones
UUA/PCD – Margaret Kelso

Communications

Chalice Lighter Grant – Bob Jones
Church Phone – Barbara Kummer
Publicity – Tom Wilson
Regional Marketing gUuerillas – Tom Wilson
Sunday Digest – Bonnie Dlott
Sunday Program Bulletins – Gayle Keane
Upcoming Events Inserts – Margaret Kelso
Website – Mary Ellen Morgan

Fellowship Connections

Circle Dinners – Iris Barrie
Fellowship Lunch – Bonnie Dlott
Fifth Sunday Food – Jim Craig
Hospitality Cmte Chair – Iris Barrie
Pastoral Care Cmte Chair – Dolores Wilson
Solstice/Equinox – Barbara Kummer
St. Helena Chalice Circle – Mary Ellen Morgan
Vallejo Chalice Circle – Bonnie Dlott

HOW do we get it done? You volunteer and you pledge. **WE ALL BENEFIT!**

Finance

Bookkeeper – Gayle Keane
Budget Preparation – Gayle Keane
Canvass – Bob Jones
Coupon Books – Tracy Ruhs
Spaghetti Dinner – Suze Bobzien
Treasurer – Rainer Hoenicke
Wine Country Tours – Tom Wilson

Membership

Brochures – Barbra McCandless
Database – Bob Lux
Directory – Bob Lux
Greeters – Connie Kay
Ingatherings – Bonnie Dlott
Membership Cmte Chair – Barbara Kummer
Mentors – Gerane Park
Nametags – Margaret Kelso
New Member/Mentor Gatherings – Barbara Kummer
New Member Packets – Gayle Keane
UUWorld Subscriptions – Barbra McCandless
Visitor's Table – Gerane Park

Moral Beacon

Fourth Sunday Discussion – Doug Taylor
Guest at Your Table – Mary Ellen Morgan
Interfaith Alliance – Bonnie Dlott
Social Justice Cmte Chair – Doug Taylor
UU Service Committee – Margo McCandless
We Stand for Peace Vigil – Susan Levine

Religious Education

Childcare – Mary Ellen Morgan
OWL – Doug Taylor, Peggy Petersen
RE Assistant – Justin Smith
RE Cmte Chair – Tracy Ruhs
RE Director – Mary Ellen Morgan
Volunteer Coordinator – Mary Ellen Morgan

Sunday Services

Altar Flowers – Rainer Hoenicke
Choir – Kate McPherson
Music Cmte Chair – Iris Daigre
Pianist – Brian Shaw
Set-Up – Tracy Ruhs
Speaker Coordinator – Kit Lucas
Worship Associates – Rainer Hoenicke
Worship Cmte Chair – Rainer Hoenicke
Youth Worship Associates – Mary Ellen Morgan

A Message from Anne Jungerman

Dearest UUFNB community,

As my boys and I enter into another month of this new life without Ed, I want you to know that we are making our way.

Yes, there are incredibly trying moments to each day, evening and night ~ so many places that a father is needed, a friend missed and a lost love wept for. The waves of sadness and longing can come crashing out of nowhere, as can the enveloping warmth of the smiles for what Ed has planted, nurtured and grown inside of each of us.

You must know that there are times each day of hope, even laughter and certainly of immense gratitude. We have been so extraordinarily blessed by the support and love of our community. It has truly been awesome, a life saver.

And what an incredible gift our minister, Bonnie is! She has been such an anchor and guiding light for me during this time. Our congregation has been blessed in her acceptance of our call. Thank you, Bonnie.

No words can thank all of you for the countless cards, calls, meals, thoughts and prayers but still:

Thank you, thank you for holding me and my boys in such a tight embrace. You have held me up. I believe we are going to be okay.

Love,
Anne

Community Bulletin Board and Area Events

Disclaimer: The announcements in this section are not UUFNB endorsed or sponsored.

SPECIAL NAPA APPEARANCE!

Gina Ogden, Ph.D. Relationship and Sex Therapist

February 26, 2008 ~ 7-9 p.m., Grapeshot Studios, 68 Coombs Street Studio D4
Spirituality, Sexuality, and Science: What Women Want

A premier researcher of women's sexuality, Gina Ogden will discuss the *four energies that spark sexual desire, and give you great tools to enhance life and relationships.*

For reservations and information call Rhea at 255-4249 or e-mail aslana@mac.com

March 7-9, 2008

Women & Religion invite all UU women to celebrate **Global Sisterhood, Spring Renewal, a weekend of Retreat, Relaxation and Rejuvenation**, Enchanted Hills, Napa. The retreat begins 3:00 on Friday and runs through lunch on Sunday. Join with 50 or more other UU women from throughout the District for conversation, singing, laughing, crying, learning. Contact [Clair Trujillo](mailto:clair.trujillo@sbcglobal.net) at clair.trujillo@sbcglobal.net to receive a registration form - space is limited and registrations accepted on a first come, first served basis. The cost for the weekend is \$225 by Feb. 4 or \$250 after that date. Delicious meals and lodging included.

Thoughts For February, 2008



Message from the Minister: The Meaning of Membership
Rev. Bonnie Dlott

I have been asked several times in the past month or two what it means to join our Fellowship, and exactly how one goes about it. In the past, our Membership Committee handled this whole process very well, by providing mentors who met with prospective members to get to know them better, discuss their interests and needs, and answer any questions that might come up. Mentors also provided spiritual companionship, helped newcomers find a place to fit in as a volunteer, and discussed expectations regarding financial support.

Because we have grown so much, and now have a called minister, we are in the process of modifying the “Path to Membership”. We’ll still be using mentors for companionship and support, but before a prospective member is given a mentor, I will arrange to visit with them so that we can get to know each other better. This gives prospective members an opportunity to ask any questions they might have about Unitarian Universalist history or theology, or about our community.

During this discussion I will let prospective members know about the “rights and responsibilities” of membership. Although there is really only one “requirement”, which is to sign our membership book, my “theology of membership” includes the idea that members are people who are **committed to building a religious community together** (or spiritual community, if you prefer). Exactly how and to what degree each member chooses to engage in that community-building will vary, of course, and that is where one-on-one conversations with me and with a mentor can be helpful.

The other change we are making in the process is that this year we will have two New Member Ingatherings, one in the Spring and one in the Fall, with a special dinner the evening before. This gives us the opportunity to really celebrate with our new members! Our Fall ingathering is currently scheduled for Sunday April 20, with the dinner on Saturday April 19. So if you are considering membership here at UUFNB, get in touch with me! Let’s build this community together.

Stay warm and dry,
Rev. Bonnie Dlott
(925) 256-4334

REflections

In the Sunday Religious Education classes last month, the children learned about “Spirituality and Movement”. They were taught and practiced how Muslims pray, and learned a walking meditation. They also learned how to express themselves physically through mime. This month their curriculum will ask them to learn about different forms of prayer, such as meditation and will explore why and when other people pray.

We are continuing to have the children join us in the service once a month on what we are calling “Community Sunday”; our next will be February 17th. Please know that we will always have child care available for the youngest children, who may not be able to sit through a service. In fact, we will now be offering child care during any Adult RE classes held at 9:40 at the Boys and Girls Club. We hope that this will make us more accommodating to families with young children who will be looking for a family church. As always, if you can volunteer to help with child care, please let me know.

In faith,
Mary Ellen Morgan
Director of Religious Education



Child Care, Can You Help?

As I said in my article, we need adults who can work with our teens to offer loving child care on Sundays, from 9:30 to 10:40 and again from 11:15 to noon. If you can help from time to time, please call me at 294-2795.

**For Sale: Napa Valley Savings Books
(Full of Discounts for Services and Restaurants!)
and only \$25!**

**\$5 from every purchase goes to the
Weber/Jungerman Children's Education Fund**

See or call Tracy Ruhs for further information, 253-8310

NEWS FLASH!

Nation Alerted to UU Wine Tour Opportunity!

Working at breakneck speed on Tuesday, our President, Bob Jones, sent more than 1,000 email releases to UU churches and fellowships across the nation. The release, see below, outlines the opportunity to enjoy two day tours of our beautiful valley in the company of our often charming members while contributing to our building fund.

In less than 24 hours we had our first response. Many members have volunteered to be a part of this effort. If you would like to join them please contact Tom Wilson, 254-7443. Members are also encouraged to send this release to UU friends and sympathizers in other cities or give their addresses to Tom and he will send the release.

**WANT TO GET AWAY?
WANT TO RELAX AND REJUVENATE?
WE CAN HELP!**

WINE COUNTRY EXCURSIONS TO THE NAPA VALLEY

An hour north of San Francisco are the lush vineyards, world class wineries and picturesque small towns of the Napa and Sonoma Valleys. We invite all UUs and friends to share the beauty of our "home" through the UU Fellowship of North Bay's "Wine Country Excursions."

We offer small customized two day tours of our valleys which can include wine tastings, art galleries, museums, scenic trails and much more. We provide private rooms with bath in the homes of our members and experienced guides to conduct tours in their cars.

Napa itself is alive and vibrant with galleries, boutique shops, world-class restaurants, wine tasting rooms and entertainment. Sites of special interest include COPIA (The American Center for Food, Wine and the Arts); Jack London's home (now a state park); the Culinary Institute of America at Greystone; the diRosa Art and Nature Preserve.

Tours are offered from May through October. Plan for two days of touring and a two or three night stay with all local transportation provided. Home hospitality without tours is also available. Our fees are much below market rates for similar services. All proceeds to help our Fellowship grow and purchase property in this expensive real estate market. We have limited openings, so contact us now for details. Tom Wilson 707.254-7443 or 2wilsons1dog@comcast.net

"Napa was as delightful as I had expected. What was equally important and somewhat unexpected was the profound connections I felt with my hosts and hostesses."

Carol Lim, Los Angeles