



UUFNB SUNDAY DIGEST

A Publication of the Unitarian Universalist Fellowship of North Bay
PO Box 4051, Napa, CA 94558 (707) 226-9220 www.uunorthbay.org
Services held at 1515 Pueblo Ave, at the Boys & Girls Club of Napa, 11 am

Upcoming Services

Sunday March 30, 11 am

Mary Ellen Morgan, DRE: "Passover for Unitarian Universalists" with Worship Associate Lenore Hirsch. (Remember to join us at 9:30 am for breakfast, as part of our plan to eat together each fifth Sunday that occurs during the year!)

Why is Passover an important spiritual holiday for UU's (even for those of us who aren't Jewish) and how can it inform the meaning of our days? Join Mary Ellen Morgan as she explores the historical significance of Passover.

Sunday April 6, 11 am

Rev. Bonnie Dlott: "Humanism: Religion without God?" In 1933, the *Humanist Manifesto* was published, setting off a firestorm of debate in the religious community. Humanism has changed a great deal since then, and a new movement has emerged which appeals to many Unitarian Universalists, called Religious Humanism. What do Religious Humanists believe? Come and find out.

Sunday April 13, 11 am

Jan Ogren: "Money: a Spiritual Currency"
WARNING: attending this service may lead to a change in beliefs and attitudes towards money. This service contains explicit content concerning money. Not only will money be discussed frankly but frequent references to God will be made. This sermon won the 2007 Pacific Central District sermon award in the connection to our larger movement category. Jan is a licensed psychotherapist, writer and public speaker from Santa Rosa, CA. She is a life-long UU and has spoken at many UU congregations including UUFNB. She will be presenting a workshop at District Assembly on "Practicing Love."

March 23, 2008

Dear members and Friends,

It was a perfect day yesterday to celebrate the Spring Equinox up at Barbara Kummer's house. The flowers were blooming, the grass was green and high, and the weather was beautiful! Many UUFNB members and friends attended. Special thanks to Barbara Kummer, Doug Taylor, Al Liliberg, Peggy Petersen, Gerane Park, Ross Cofer, and William Somerville for helping out.

Remember, next Sunday is a fifth Sunday, and so we will be serving breakfast as part of our "Food on the Fifth" program. All are invited to join us at 9:30 at the Boys and Girls club for a delicious pancake breakfast prepared by BJ Pheiffer. A \$10 donation is requested to cover the cost.

If you need to remind folks about a Fellowship-wide event or program next Sunday, please get in touch with Lenore Hirsch, who will be our Worship Associate next week, and she will make your announcement or call on you to make it. If you would like an e-mail copy of any sermon I have given at UUFNB, send me a note. If you wish to have items included in the Sunday Digest for March 30, please submit them to me by noon on Friday, March 28!

See you in Church!

The Rev. Bonnie Dlott, (925) 256-4334 or
minister.uufnb@mac.com
(925) 256-4334

UUFNB Calendar



Monday March 24, 6:00 pm
Rev. Michael Dowd: "Thank God for Evolution"
Napa Library Community Room (more info on pg. 6)

Thursday March 27, Noon
DVD presentation: Paul Pearson "Heart Code" (more info on pg. 6)
Home of Abbey Silva--1177 El Centro-224-8716

Thursday March 27, 7 p.m.
St. Helena and Vallejo Chalice Circles
For location and program call Rev. Bonnie Dlott (925) 256-4334

Sunday March 30, 9:30 am
"Food on the Fifth" Pancake Breakfast
Boys and Girls Club, \$10 donation suggested

Monday March 31, 8 p.m.
Monday Night Meditation
Susan Levine's home, 2341 Joanne Circle, 226-3975

Wednesday April 2, 7:00 pm
North Bay CUUPS meeting
68 Coombs Ave, Studio D4, Doug Taylor 226-7500

Wednesday April 2, 4:30 pm
RE Council Meeting
657 Montecito, Mary Ellen Morgan, 294-2759

Sunday April 6, 12:30 pm
UUFNB Board Meeting
Bob Jones, 252-1885

Monday April 7, 10 am
Adult Programs Meeting
Jones Residence, Sylvia Jones 252-1885

To view the UUFNB Calendar, go to <http://www.huntcal.com/cgi/calview.cgi/uufnb/UUFNB>

UUFNB Announcements

Adult Programs: Sunday Mornings 9:40 to 10:45 a.m. Boys and Girls Club, 1515 Pueblo

- **March 30** – “**Food on the Fifth**” Pancake Breakfast served at 9:30 am, prepared by our own BJ Pheiffer. A free will offering of \$10 per person will be received to defray expenses of the breakfast.
- **April 6** - “**New to UU**” Looking for a way to connect? Join Rev. Bonnie Dlott for a presentation about the various committees and groups here at UUFNB.
- **April 13** - “**Make a Joyful Noise!**” Adults, teens, and children are invited to join with Craig Payne to “feel the joy of your own music.” Please bring your drums, rattles, bells, recorders or other music-making instruments, or just yourselves to explore rhythm, including your own. Craig also provides rhythm makers and a great appreciation for people and their potential. Children under 10 should be accompanied by an adult.

*Last Chance to take The Artist's Way! Class closes on March 25th.
To register or for more information,
call Doug Taylor at 226-7500 or Mary Ellen Morgan at 294-2759.*

A Message from the Choir

The Choir is trying to track down some stoles that were given to us by the Berkeley church a number of years ago. Our memory is that they were a gold color on at least one side. If these might be in your garage, attic or closet OR if you recall our having disposed of them, please let Phyllis Boyson know at: (707) 257-1265 or phyllisboyson@sbcglobal.net.

We continue to meet to practice on most Wednesday nights from 7:15 to 8:45 PM at KateMacPherson's home in east Napa. For directions or questions, contact Kate at 255-5687 or at cozybldr@prodigy.net.

The Great Turning: From Empire to Earth Community by David Korten

Our final discussion of this book will occur on Friday April 11th at 6:00 PM at Phyllis Boyson's home at 1993 Waverly St. in Napa. As always, we will share a light supper before we begin our discussion. Contact Phyllis Boyson for directions or questions.

Save the Dates!

Monday March 24, 6:00 p.m.

Michael Dowd: Thank God for Evolution!

UUFNB is sponsoring this presentation by Rev. Dowd at the Napa Library Community Room. Come and hear a story that's billions of years old and restores hope for people of any religion or belief system. For more information, go to www.thegreatstory.org.

Thursday March 27, Noon

DVD presentation of Paul Pearson's "Heart Code." Paul Pearson, a psychoneuroimmunologist, relates his observations of the intricacies of our hearts place and asks, is the Newtonian mechanical viewpoint (that the heart is only a pump) the total story? Paul's observations, as he works with heart transplants, is that the heart is the center of our ground of being. Bringing forth the love of the Hawaiian hunna--and the intricacies of those who have received the transplanted hearts from others--it is much, much more. We meet at the home of Abbey Silva--1177 El Centro--224-8716



Share the Plate!

March's Share the Plate donation (10% of all non-pledge plate donations) will go to Heather House, which provides temporary shelter, food and case management to the homeless in Fairfield.

Community Bulletin Board and Area Events

Disclaimer: The announcements in this section are not UUFNB endorsed or sponsored.

Pacific Central District Assembly

April 25-27, Fremont Marriott

Join 400 vibrant and vital Unitarian Universalists for a weekend of laughing, learning, networking and worship. This year's DA features Robert Latham, author of "Leaving Church Folly Lane", and Rev. Victoria Safford, author of "Walking Toward Morning: Meditations." Roy Zimmerman will entertain us with "Funny Songs About Ignorance, War, & Greed!" Rev. Bonnie will be presenting a film and workshop titled "Traces of the Trade," the story of a white northern seminary student who discovers that she descended from a prominent slave trader. For more information, go to <http://pcd-uua.org/events/DA-2008/index.htm>.

Wednesday April 2, Noon

The Napa Interfaith Council's April "Faith in Action" Salon will be presented by April Dawson, who is an independent living advocate for Community Resources for Independence. We meet at the Methodist Church located at 625 Randolph Street in Napa. For more information call Rev. Bonnie Dlott at (925) 256-4334.

March Musings from your Minister . . .

February was an exciting month for UUFNB. We launched our second Chalice Circle, which met in St. Helena. Bob Jones reported that twelve people came to the home of Lester Hardy and Janet Pagano for coffee and conversation last Thursday. Mary Ellen Morgan led a discussion of our spiritual journeys and our paths to this Fellowship. Almost everyone indicated that they had left some earlier religion and had searched for years before finding us. Their joy was a reminder of how important our Fellowship is to people's lives.

Barbara Back, who organized this event, said she was delighted because she had been waiting years for such an event in the North Napa County. It was an historic event. Eight were new to UU from Yountville, St Helena and Angwin. This Chalice Circle will meet again next month, on March 27. Stay tuned for time and location.

The February gathering of the Vallejo Chalice Circle was hosted by Margaret Kelso and Bob Lux, and was attended by ten people. The topic was Aging, and it was especially well covered because we had people addressing the issue from the perspective of being in their 40's, 50's, 60's and 70's. The next gathering will be on Thursday, March 27, and the topic will be Compassion. The Rev. Bonnie Dlott will facilitate the discussion.

Chalice Circles are a great way to get to know people on a deeper level than you might just chatting at Coffee Hour after our services. Our topics will vary each month, and our format allows for each participant to share from the heart and listen actively to others. Although our Chalice circles are located outside of Napa, to foster connections with folks who live further away from our Fellowship, anyone can attend.

Very soon we will be starting Chalice Circles in the Sonoma and Fairfield areas. If you know someone in either of these areas who could host a Chalice Circle gathering, please get in touch with me or with Bob Jones at 252-1885. For general information about the Chalice Circles, contact me at 925-256-4334 or minister.uufnb@mac.com.

As the Spring Equinox approaches on March 20, watch for the earth to be reborn! Remember that this is a time when sunlight and dark are balanced, and think about ways to balance your own life. Spend some time outside and enjoy the paradise we live in!

And then, I'll see you in Church,
Reverend Bonnie Dlott
(925) 256-4334

REflections

From our Director of Religious Education

I love this time of the church year! This is the time when the staff and committee chairs get to dream while planning for the upcoming church year while putting together their budgets. These lists of numbers carry the hopes and dreams of your fellow congregants, they have such big plans for what the church's programs will look like next year. It's such a hopeful and enthusiastic time, when all things look possible.

I've begun the conversation with the RE Council to discuss what religious education will look like next year. In looking ahead, we first have to look back to see where we have been, what curriculum we've used and what programs might engage learners of all ages in the new fiscal year. This conversation will be continuing over the next few months.

This month our Youth RE Class will be studying about the spirituality of words and story telling. The Sunday schedule for March follows:

March 9th Bonnie Dlott (Words and Naming)

March 16th Tracy Ruhs (Communicating)

March 23rd Community Sunday (No classes, childcare only)

March 30th Tracy Ruhs (Meaning-Making Stories & Our Lives)

Please let me know your thoughts about our religious education program, we are dedicated to meeting the needs of all ages!

In faith,
Mary Ellen

