



UUFNB SUNDAY DIGEST

A Publication of the Unitarian Universalist Fellowship of North Bay
PO Box 4051, Napa, CA 94558 (707) 226-9220 www.uunorthbay.org
Services held at 1515 Pueblo Ave, at the Boys & Girls Club of Napa, 11 am

Upcoming Services

Sunday April 13, 11 am

Jan Ogren: "Money: a Spiritual Currency" with Worship Associate BJ Pheiffer. WARNING: attending this service may lead to a change in beliefs and attitudes towards money. This service contains explicit content concerning money. Not only will money be discussed frankly but frequent references to God will be made. This sermon won the 2007 Pacific Central District sermon award in the connection to our larger movement category. Jan is a licensed psychotherapist, writer and public speaker from Santa Rosa, CA. She is a life-long UU and has spoken at many UU congregations including UUFNB. She will be presenting a workshop at District Assembly on "Practicing Love."

Sunday April 20, 11 am

Rev. Bonnie Dlott: Flower Communion and New Member Ingathering, with Worship Associate David Ross. Flower Communion is a time to celebrate the gifts we each bring to our community. Join us this Sunday for this annual Spring service, and help us welcome our newest members to UUFNB. Don't forget to bring a flower or two to share. This is an intergenerational service, so there will be no children's classes, just child care.

Sunday April 27, 11 am

Social Justice Sunday, with Worship Assistant Matt Metzler. Anti-gay organizations including Focus on the Family have poured well over a million dollars into California in order to qualify a ballot measure to permanently ban marriage for same-sex couples. This morning we will have a speaker from Equality California to give us an update and talk about why we should care about LGBT equality.

April 6, 2008

A Message From the UUFNB Board

The Board appointed the nominating committee to select two new board members. They will replace Lee Long and Bob Jones, who are completing their 3 year terms. The committee will also nominate a candidate for each of the offices on the board. The Nominating Committee members are Pam Duckett Flaherty, Lenore Hirsch, Bob Jones, Lee Long, Dolores Wilson.

If you wish to suggest a candidate or candidates please contact one of the committee members. They will announce their slate of nominations at least 15 days before the election at our annual meeting on June 8.

If you need to remind folks about a Fellowship-wide event or program next Sunday, please get in touch with BJ Pheiffer, who will be our Worship Associate next week, and she will make your announcement or call on you to make it. If you would like an e-mail copy of any sermon I have given at UUFNB, send me a note. If you wish to have items included in the Sunday Digest for April 13, please submit them to me by noon on Friday, April 11!

See you in Church!

The Rev. Bonnie Dlott, (925) 256-4334 or
minister.uufnb@mac.com
(925) 256-4334

UUFNB Calendar



Monday April 7, 10 am

Adult Programs Meeting

Kummer Residence, Sylvia Jones 252-1885

Monday April 7, 7 pm

Social Justice Committee Meeting

68 Coombs Ave, Studio D4, Doug Taylor 226-7500

Friday, April 11th, 6 pm

Soup 'n Bread and David Kortzen: "The Great Turning, From Empire to Earth Community"

How can we go about birthing a new era that makes choices for life and expression of our higher potentials? Bring your ideas! Home of Phyllis Boyson, 1993 Waverly St, 257-1265

Sunday April 13, 12:45 pm

Fellowship Lunch: Due to the Lipton Memorial, there will be no host, but those of you who want to have lunch together, meet at the Napa General Store, at 540 Main Street in Napa.

Sunday April 13, 2:00 pm

Memorial for Helen Lipton

Skyview Chapel, 200 Rollingwood Drive, Vallejo

Monday April 14, 8 p.m.

Monday Night Meditation

Susan Levine's home, 2341 Joanne Circle, 226-3975

Tuesday April 15, 7 pm

Carquinez Cluster

Dragavon residence, 1468 Tamara Court in Benicia. For more info contact Tom or Darlene at thosdragavon@aol.com, dfjantzen@aol.com, or H 707-745-5290, C 707-291-8592.

Monday April 21, 4 pm

Committee on Ministry

68 Coombs Ave, Studio D4, Doug Taylor 226-7500

To view the UUFNB Calendar, go to <http://www.huntcal.com/cgi/calview.cgi/uufnb/UUFNB>

UUFNB Announcements

Adult Programs: Sunday Mornings 9:40 to 10:45 a.m. Boys and Girls Club, 1515 Pueblo

- **April 13** – "Make a Joyful Noise!" Adults, teens, and children are invited to join with Craig Payne to "feel the joy of your own music." Please bring your drums, rattles, bells, recorders or other music-making instruments, or just yourselves to explore rhythm, including your own. Craig also provides rhythm makers and a great appreciation for people and their potential. Children under 10 should be accompanied by an adult.
- **April 20** – "The Bible as Literature" with Jim Craig: The story, told in the book of Joshua, of how the Israelites, having escaped from bondage in Egypt, get to the "promised land". (Have you heard about Joshua and the battle of Jericho, where "the walls came "tumblin' down"?)
- **April 27** – "Social Justice Sunday" In keeping with our theme of Marriage Equity, we will view the Cottage Conversations DVD "Tying the Knot." Hosted by Iris Daigre.

A Message from the Choir

The Choir is trying to track down some stoles that were given to us by the Berkeley church a number of years ago. Our memory is that they were a gold color on at least one side. If these might be in your garage, attic or closet OR if you recall our having disposed of them, please let Phyllis Boyson know at: (707) 257-1265 or phyllisboyson@sbcglobal.net.

We continue to meet to practice on most Wednesday nights from 7:15 to 8:45 PM at KateMacPherson's home in east Napa. For directions or questions, contact Kate at 255-5687 or at cozybldr@prodigy.net.

Share the Plate!

April's Share the Plate donation (10% of all non-pledge plate donations) will go to The United Farm Workers, in honor of, Ceasar Chavez Day.

A Message from Our Set Up Team Captain . . .

The Set-Up Committee is in need of an able-bodied person who can assist with setting up and taking down the Sunday service on the FIRST SUNDAY OF EACH MONTH (It's possible to make it another Sunday if needed). The person being replaced has been doing this for quite awhile and would like to put his energies in other areas.

Set up people need to arrive approximately 9:45 a.m. and take down and put away items after the service for about 1/2 hour. There are 2 people assigned for each Sunday and often helpful volunteers as well! We'd love to have you on our team!

Call or email Tracy Ruhs at 253-8310 or billruhs@comcast.net

Community Bulletin Board and Area Events

Disclaimer: The announcements in this section are not UUFNB endorsed or sponsored.

Pacific Central District Assembly

April 25-27, Fremont Marriott

Join 400 vibrant and vital Unitarian Universalists for a weekend of laughing, learning, networking and worship. This year's DA features Robert Latham, author of "Leaving Church Folly Lane", and Rev. Victoria Safford, author of "Walking Toward Morning: Meditations." Roy Zimmerman will entertain us with "Funny Songs About Ignorance, War, & Greed!" Rev. Bonnie will be presenting a film and workshop titled "Traces of the Trade," the story of a white northern seminary student who discovers that she descended from a prominent slave trader. this year we are offering great youth and children's programs! For more information, go to <http://pcd-uua.org/events/DA-2008/index.htm>.

If you decide to attend District Assembly, you are invited to a social get-together on Friday evening in Rev. Bonnie's room. If you are interested in coming, let Bonnie know so that she can give you her room number and the time of the gathering.

CALLINGS: FINDING AND FOLLOWING AN AUTHENTIC LIFE

A workshop by Gregg Levoy, Sponsored by the Napa Interfaith Council

May 3, 9 am to 4 pm

Father Edwards Center, Carmelite Monastery on Oakville Grade Road in Oakville.

\$80 donation per person is requested; proceeds will support the NIC Sacred Garden.

A light lunch will be served.

For reservations and more information, call Yvonne Baginski

707-226-7127 or borntoage@hotmail.com.

Callings are urgings from the deep self that tell us what it will take to make our lives literally "come true." They point us toward awakenings, important changes, and powerful authenticity. In this hands-on workshop, we'll explore the psychological, spiritual and practical processes we encounter in listening and responding to our callings, whether in the arenas of work, relationship, lifestyle, service or spirituality. While honoring a calling's essential mystery, we'll also explore the questions that bloom naturally in the presence of any call: What does it ask of us? How do we tell the true call from the siren-song? How do we handle our resistance to it? What happens when we say no? What happens when we say yes? (Please bring writing materials.)

Gregg Levoy is the author of *Callings: Finding and Following An Authentic Life* (Random House) As a fulltime lecturer and seminar-leader in the business, educational and human-potential arenas, Gregg has keynoted and presented workshops at the Smithsonian Institution, Esalen Institute, Omega Institute, and many others, and has been a frequent guest of the media, including ABC-TV, CNN, NPR and PBS. A former adjunct professor of journalism at the University of New Mexico, and former columnist and reporter for the *Cincinnati Enquirer* and *USA Today*, he has written about the subject of Callings for the *New York Times Magazine*, *Washington Post*, *Omni*, *Psychology Today*, *Reader's Digest*, and many others, as well as for corporate, promotional and television projects. His website is www.gregglevoy.com.



Board Buzz . . .

You are invited to continue the conversation!

Back in January, some of our members attended the district growth conference with Larry Peers. They filled out a survey and discovered that we are doing a great job of welcoming newcomers! They also determined that we could improve in the area of empowering and nurturing our Fellowship volunteers.

To help us grow in this area, we have invited Cilla Raughley, our District Executive, to come and lead a conversation about this at Mary Ellen Morgan's home, 657 Montecito, on Saturday May 10 from 9-4.

We need your ideas about how we can empower and nurture our volunteers, because they sustain the life of our community. We know your Saturdays are precious! However, our board and staff are excited about this workshop, and we hope you will be too.

Bring you lunch and we will provide all beverages. Bring your ideas so that we will all come away with new enthusiasm and confidence in our future!

Bob Jones for the Board



About People . . .

In Memoriam

For those of you wanting to attend the memorial service for founding member Helen Lipton, the Rev. Bonnie Dlott will be conducting her memorial service at 2 pm on Sunday, April 13th in Benicia at the Skyview Memorial Chapel, **located at 200 Rollingwood Drive**

Congratulations!

to Mary Ellen Morgan, who has been chosen to be on the selection committee to choose the O. Eugene Pickett award! This is a denominational award from the UUA, presented annually to an Honors Society congregation that has made an outstanding contribution to the growth of Unitarian Universalism. Way to Go Mary Ellen!

From An Old Friend . . .

Some of you may remember Joanne Macy, who Barbara Kummer described as "a wonderful, active member until she moved. She obtained speakers for us for several years. Joanne has been in touch with Barbara, and sends this message:

"I would love to hear from you and anyone else from the church! I hope you are doing well. I am still in the same nursing home in E. Greenbush, NY My daughter, Beth, either comes daily or sees to it that her husband or son come see me. I wonder where you are now meeting. Last I heard you were meeting at the boys and girls club. Love, Joanne"

Joanne's mailing address is

Evergreen Commons
1070 Luther Rd.Rm 252
E. Greenbush,NY 12061

her phone number is 518-275-5583
and her e-mail
[<macyjoanne5@gmail.com>](mailto:macyjoanne5@gmail.com)

“Awakening the Dreamer, Changing the Dream” Symposium

Last summer, a dozen or so UUFNB members gathered at the home of Barbara Kummer to participate in the “Awakening the Dreamer” symposium, led by Sarah Martin. It was a moving and deeply inspiring experience. Sarah would like to offer her symposium again to our community. She would need a place to hold the symposium.

If you have not experienced “Awakening the Dreamer,” please read about it below. If you are interested in hosting the symposium, please get in touch with Rev. Bonnie at (925) 256-4334 or just reply to this e-mail.

This Symposium, created by the Pachamama Alliance, will be deeply informative, using many media and engaging various learning styles. The purpose of the Symposium is *To bring forth an environmentally sustainable, spiritually fulfilling, and socially just human presence on this planet as the guiding principle of our time.*

The Symposium asks four questions:
Where are we, with regard to that Purpose?
How did we get here?
What is possible for the future?
Where do we go from here?

With videos, speakers, photos, music and interactive exercises we will explore those four questions. The Symposium doesn't presume to tell you what to do but rather nourishes your inspiration to find your personal calling, path and power as we work together to bring about the beautiful world we want for ourselves and our fellow beings. Our intention is for you to leave informed, uplifted, inspired to move forward, and to have a sense of the larger community of intention that we can be a part of.

The creator of the Symposium, The Pachamama Alliance, is dedicated to partnering with the indigenous Achuar people, a dream culture of the Ecuadorian rainforest, to preserve the pristine land which they have protected and sustained for millennia.

The Pachamama Alliance was founded when a “call” from Achuar indigenous leaders reached the ears of compassionate and courageous North American activists; they now work together, collaborating and creating ways to bring about a new wisdom that combines the best of indigenous and modern culture. The Awakening the Dreamer Symposium arose out of a plea from the Achuar elders to “change the dream of the modern world”.

We invite you to come together with your neighbors and friends to explore these critical issues in community. We'll take a square look at the bad news, then turn to the good news of enormous opportunity and possibility.

To see a short video about the Pachamama Alliance and the Symposium, please go to <http://www.pachamama.org/content/view/262/97/>

REflections

March was a busy month for Religious Education in the Fellowship! In the children's program they were taught to make a personal prayer box, they created a collage of pictures that depict their favorite things and they learned the meaning behind their names.

Here is the class schedule for the month when they will learn about the spirituality of food:

April 6th	Lenore, "Feasting".
April 13th	Tracy, "Fasting"
April 20th	Community Sunday with Flower Communion
April 27th	Tracy, "Family Food Rituals and Spiritual Choices"

Our Adult Program, "The Artist's Way" started on March 18th with twenty one students, all but seven of those from outside our membership. The class has been very enthusiastic and will continue until June 3rd.

The RE Council continues to meet monthly and will soon start to review curriculum and finalize the class schedule for next year. Teacher recruitment will also start soon, and someone may call you to ask if you could teach next year. I hope, when that call comes, that you will thoughtfully consider teaching once a month. You all have gifts to offer, gifts will that enrich our children's lives!

In faith,
Mary Ellen

Reminder!

"Drinking Liberally"

5:00 to 6:30 pm, April 7th 2008

Ring's Lounge, Embassy Suites
California Avenue
Napa, CA