



# UUFNB SUNDAY DIGEST

A Publication of the Unitarian Universalist Fellowship of North Bay  
PO Box 4051, Napa, CA 94558 (707) 226-9220 [www.uunorthbay.org](http://www.uunorthbay.org)  
Services held at 1515 Pueblo Ave, at the Boys & Girls Club of Napa, 11 am

## Upcoming Services

### Sunday April 27, 11 am

Christy Baker: "Journey of the Heart," with worship Associate Vicki Wolf. The effort to bring marriage equality into reality for same sex couples is a journey of the heart as much as a political or legal process. In this pause on the journey, while we wait for outcomes on a proposed ballot measure and CA Supreme Court case, do we assume that the outcomes of those events alone signal a beginning or ending of the journey? Are we all willing to do the work to stand on the side of love?

### Sunday May 4, 11 am

Rev. Bonnie Dlott: "Seven Deadly Sins" with Worship Associate Lenore Hirsch. In case you didn't go to Catholic School, the "Seven Deadly Sins" are wrath, sloth, greed, lust, envy, pride, and gluttony. Some of you know that the Pope has just added seven more to the list, for a total of fourteen deadly sins. Unitarian Universalists don't generally believe that we are born into sin, but that doesn't mean that we don't learn to become as sinful as anyone else. If UU's had "Seven Deadly Sins," what would they be? Come and find out!

### Sunday May 11

Lenore Hirsch and Rev. Bonnie Dlott: "A Service for Mother's Day." Just because one has not given birth, or raised a child, does not mean that one has not mothered. As our population ages, many among us have found ourselves mothering our parents, friends, or other relatives as they become increasingly unable to care for themselves. Join Lenore Hirsch and Rev. Bonnie Dlott today for a service of poetry and reflection about all the kinds of mothering we do throughout our lives.

## April 20, 2008

Dear Members and Friends of UUFNB,

It was a beautiful morning to be in church as we celebrated Flower Communion and welcomed three new members into the Fellowship. Look for the biographies of our three new members, Patti Schmitt, Ron Griffiths, and William Somerville on page 7 of this digest.

Thanks to those of you who expressed concern about my father's recent hospitalization, and rest assured that he is home and completely recovered from his bout of amnesia. There is no better place to be when life gets stressful than with our caring Fellowship! If something is stressing you out, I hope you will get in touch with me at the phone number below.

If you need to remind folks about a Fellowship-wide event or program next Sunday, please get in touch with Vicki Wolf, who will be our Worship Associate next week, and she will make your announcement or call on you to make it. If you would like an e-mail copy of any sermon I have given at UUFNB, send me a note. If you wish to have items included in the Sunday Digest for April 27, please submit them to me by noon on Friday, April 25!

See you in Church (but not next week, I'm at DA!)  
The Rev. Bonnie Dlott, (925) 256-4334 or  
[minister.uufnb@mac.com](mailto:minister.uufnb@mac.com)  
(925) 256-4334

# UUFNB Calendar



Monday April 21, 4 pm  
**Committee on Ministry**  
68 Coombs Ave, Studio D4, Doug Taylor 226-7500

Monday April 21, 8 p.m.  
**Monday Night Meditation**  
Susan Levine's home, 2341 Joanne Circle, 226-3975

Thursday April 24, Noon  
**DVD presentation:** "Creativity--A Path Where Humanity and Divinity Meet", by Mathew Fox, former priest, author of "Original Blessings" and founder of the Center for Creativity in Oakland. Home of Abbey Silva--1177 El Centro--call 224-8716 for more information.

Wednesday April 23, 7 p.m.  
**St. Helena Chalice Circle** (see announcement on page 8)

Thursday April 24, 7 p.m.  
**Vallejo Chalice Circle**  
For location and program call Rev. Bonnie Dlott (925) 256-4334

Sunday, April 27, 2 p.m.  
**We Stand for Peace Vigil**  
Corner of Soscol and Main

Monday May 5, 7 p.m.  
**UUFNB Board Meeting**  
Bob Jones, 252-1885

Monday May 5, 8 p.m.  
**Monday Night Meditation**  
Susan Levine's home, 2341 Joanne Circle, 226-3975

Wednesday May 7, 7 p.m.  
**North Bay CUUPS:** New Moon at Beltane ritual  
68 Coombs Ave, Studio D4, Doug Taylor 226-7500

To view the UUFNB Calendar, go to <http://www.huntcal.com/cgi/calview.cgi/uufnb/UUFNB>

# UUFNB Announcements

**Adult Programs: Sunday Mornings 9:40 to 10:45 a.m. Boys and Girls Club, 1515 Pueblo**

- **April 27 – “Social Justice Sunday”** In keeping with our theme of Marriage Equity, we will view the Cottage Conversations DVD “Tying the Knot.” Hosted by Susan Levine.
- **May 4 – “New to UU”** class with Reverend Bonnie Dlott: Some of you may have heard references to our UUFNB “CUUPS” chapter, which is sponsored by our national Covenant of Unitarian Universalist Pagans. Who are these people and what do they have to do with Unitarian Universalism? Come and find out.
- **May 11 – “Make a Joyful Noise: Music of the World”** Adults, teens, and children are invited to join with Craig Payne to “feel the joy of your own music.” Please bring your drums, rattles, bells, recorders or other music-making instruments, or just yourselves to explore rhythms from around the world, including your own. Craig also provides rhythm makers and a great appreciation for people and their potential. Children under 10 should be accompanied by an adult.

## A Message from the Choir

The Choir is trying to track down some stoles that were given to us by the Berkeley church a number of years ago. Our memory is that they were a gold color on at least one side. If these might be in your garage, attic or closet OR if you recall our having disposed of them, please let Phyllis Boyson know at: (707) 257-1265 or [phyllisboyson@sbcglobal.net](mailto:phyllisboyson@sbcglobal.net).

We continue to meet to practice on most Wednesday nights from 7:15 to 8:45 PM at KateMacPherson's home in east Napa. For directions or questions, contact Kate at 255-5687 or at [cozybldr@prodigy.net](mailto:cozybldr@prodigy.net).

*Share the Plate!*  
*April's Share the Plate donation (10% of all non-pledge plate donations) will go to The United Farm Workers in honor of Ceasar Chavez Day.*

## **A Message from Our Set Up Team Captain . . .**

The Set-Up Committee is in need of an able-bodied person who can assist with setting up and taking down the Sunday service on the FIRST SUNDAY OF EACH MONTH (It's possible to make it another Sunday if needed). The person being replaced has been doing this for quite awhile and would like to put his energies in other areas.

Set up people need to arrive approximately 9:45 a.m. and take down and put away items after the service for about 1/2 hour. There are 2 people assigned for each Sunday and often helpful volunteers as well! We'd love to have you on our team!

Call or email Tracy Ruhs at 253-8310 or [billruhs@comcast.net](mailto:billruhs@comcast.net)

## Community Bulletin Board and Area Events

Disclaimer: The announcements in this section are not UUFNB endorsed or sponsored.

### Fair Housing Event in Napa, April 24, 11 am (Sponsored by the NIC)

Fair Housing Napa Valley is bringing a remarkable exhibit to Napa, featuring Bernard Kleina, photographer, former Catholic priest, activist, and Fair Housing advocate, who is touring with an extraordinary exhibit of photos he took while marching with Dr. King in Chicago. Mr. Kleina will be showing his exhibit and speaking about the history and future of fair housing on April 24, at the Covenant Presbyterian Church, 1226 Salvador Ave.

The Napa Interfaith Council, along with the National Fair Housing Alliance, the Arts Council, the Library and the College, is working to bring a wide audience to this event. The event is free, and begins at 11 am with an optional lunch at noon. The exhibit will be there through the 28th and then will be on public display at the Library through May 4th.

If you plan to attend the April 24th event and want lunch, please RSVP as soon as possible to Kathryn Winter at the phone number or e-mail below. Don't wait till the last minute! There are a limited number of spaces. Lunch will cost \$5 or \$6. Also, **if you would like to be a docent** for the exhibit at the Library from April 29th to May 5, please contact Kathryn with your availability. To RSVP, call the Fair Housing office at 224-9720 or email Kathryn at [kjwinter@napafairhousing.org](mailto:kjwinter@napafairhousing.org).

### Holocaust Memorial Commemoration

Congregation Beth Shalom invites you to a Holocaust Memorial Commemoration on Thursday May 1, at 7:00 pm.

The service will be at the synagogue, located at 1455 Elm Street in Napa.

For more information, call the CBS office at 707.253.7305.

### CALLINGS: FINDING AND FOLLOWING AN AUTHENTIC LIFE

A workshop by Gregg Levoy, Sponsored by the Napa Interfaith Council

May 3, 9 am to 4 pm

Father Edwards Center, Carmelite Monastery on Oakville Grade Road in Oakville.  
\$80 donation per person is requested; proceeds will support the NIC Sacred Garden.

A light lunch will be served.

For reservations and more information, call Yvonne Baginski

707-226-7127 or [borntoage@hotmail.com](mailto:borntoage@hotmail.com).

Callings are urgings from the deep self that tell us what it will take to make our lives literally "come true." They point us toward awakenings, important changes, and powerful authenticity. In this hands-on workshop, we'll explore the psychological, spiritual and practical processes we encounter in listening and responding to our callings, whether in the arenas of work, relationship, lifestyle, service or spirituality. While honoring a calling's essential mystery, we'll also explore the questions that bloom naturally in the presence of any call: What does it ask of us? How do we tell the true call from the siren-song? How do we handle our resistance to it? What happens when we say no? What happens when we say yes? (Please bring writing materials.)



# Board Buzz . . .

**You are invited to continue the conversation!**

Back in January, some of our members attended the district growth conference with Larry Peers. They filled out a survey and discovered that we are doing a great job of welcoming newcomers! They also determined that we could improve in the area of empowering and nurturing our Fellowship volunteers.

To help us grow in this area, we have invited Cilla Raughley, our District Executive, to come and lead a conversation about this at Mary Ellen Morgan's home, 657 Montecito, on Saturday May 10 from 9-4.

We need your ideas about how we can empower and nurture our volunteers, because they sustain the life of our community. We know your Saturdays are precious! However, our board and staff are excited about this workshop, and we hope you will be too.

Bring you lunch and we will provide all beverages. Bring your ideas so that we will all come away with new enthusiasm and confidence in our future!

*Bob Jones for the Board*



## About People . . .

Last week I was looking for a volunteer to carry our banner in the Friday night parade at District Assembly and got a regret from Margo McCandless Smith who cannot attend this year. She suggested I call Bob Lux. We both laughed because, as you know, Bob is very reserved and not likely to volunteer for such a role. I accepted the challenge and said she would owe me big time if he said yes.

I called Margaret with the idea and she laughed with me and suggested this offer would surely be politely refused. We got Bob on the line and he said YES.

Margo owes me big time whatever that turns out to be. But most of all we owe Bob Lux big time. A partial list of the Bob's volunteer activities at UUFNB includes: counting attendance, keeping the membership lists, visitor lists, purchased lists from our Chalice Lighter Grant, producing membership and attendance reports, producing our Directory, Adult Programs Committee, Membership, Outreach Committees member and more.

Bob is just one of the dozens of members who volunteer to do the myriad of tasks that make your experience here so satisfying. As we move to a larger Fellowship some tasks become too large for a volunteer to handle so we increase staff; however, the volunteer opportunities grow as well.

Volunteering is your opportunity to get to know some members better and gain a richer membership experience. Pick up the list of Contact People available at the desk Sunday. Call the contact person and find the volunteer activity that suits you best.

Bob Jones, for all those who volunteer.

## A Final Note. . .

Gloria Beutler, former President of UUFNB and choir member, died on April 3rd at the age of 84. In 2002 Gloria moved to San Diego. Services will be held there. Donations may be made to the American Cancer Association.

Barbara Kummer noted, "She served us long and well". Dale Craig eulogizes Gloria in this way: "She was our President for several years, and a strong one. She opened her nice home many times for our gatherings. Gloria was stoical about everything, and even her bout with cancer did not alter her staunch attitude and demeanor. She was a beloved friend and colleague who led our church at the time when we were using the Presbyterian Church in Napa, just after the move from Vallejo. Let us celebrate the life of someone who worked hard to create and maintain our spiritual community". Farewell, Friend.

## WELCOME TO OUR NEWEST MEMBERS!

**Ron Griffiths** was born in the UK near Liverpool, and attended the Birkenhead Institute and the Royal Air Force Electronic School. He emigrated at 25 to Canada, and then eventually to the United States, settling in San Francisco. He became a licensed landscape contractor and managed an 18 room hotel in Berkeley. In 1981 he moved to the Napa Valley and worked designing and installing landscaping. He has also worked as a realtor. Ron married his wife Sylvia in 1969. They consider their three cats to be their children. He is interested in the spiritual and transformational aspects of religion. He attended the San Francisco UU church for a while, and had a good friend who was a UU who encouraged him to go. He is interested in reading, bocce ball, and gardening, as he is a UC Master Gardener.

**William Somerville** was born in Sacramento, and at the age of 5, he moved to Napa with his large Catholic family. He is one of seven children, and went to St John's Catholic School on Main St. It was a beautiful old Gothic Church at that time with a tall steeple. He graduated from Napa High School, and not long after that he had 2 children and got married. He did not remain Catholic and went unchurched through his "hippie years". He found a home with the Church of Religious Science during the 1980's. He attended the Methodist Church here in town more recently. He has had other non-church influences that encouraged him to seek help from a power greater than himself. He has worked mostly in Human Service---at a nursing home, the State Hospital, also at a local Half-way House and the Homeless Shelter. He has also worked as a musician and a night club D.J. William says, "I came to you in need and I am greatly encouraged by your warm welcome."

**Patti Schmitt** was born in San Diego, the youngest of three sisters, and attended Catholic boarding school until she graduated. Upon graduating she joined the Air Force, where she was trained to be a control tower operator, and was honorably discharged after four years. She then moved to Minneapolis where she met her future husband. Her first son, Mark, was born there at University Hospital. Her husband's job sent them to St. Louis, where their second son was born at St. Luke Hospital. Two years later they moved to Seattle, where their third and fourth sons were born. They eventually moved to Fullerton, CA, and Patti and her husband divorced. Patti moved to Santa Barbara with her two youngest sons, and after they graduated from High School, she moved to Albuquerque, NM. After a few years she moved back to San Diego, "where I started from."

Patti has held some "unbelievable" jobs, including assistant to a balloonist who blazed the trail for NASA's exploratory experiments in outer space, assistant to a world famous stunt pilot, and writer of a docent training manual for the Albuquerque Zoo.

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**YOU ARE INVITED**

**TO THE UNITARIAN UNIVERSALIST FELLOWSHIP OF NORTH BAY**

**ST. HELENA CHALICE CIRCLE (INFORMAL GATHERING)**

**AT THE ST. HELENA LIBRARY (our new venue)**

**WEDNESDAY, APRIL 23, 2008 AT 7 PM**

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**People have been coming from**

**Calistoga, St. Helena, and Yountville, including the Veteran's Home.**

**We will again enjoy refreshments and conversation/discussion**

**with people in our up-valley "neighborhood".**

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**PLEASE COME**

**Directions: In St. Helena, turn east from Hwy 29 on Adams for two blocks**

**and turn left into the library. Plenty of parking. After entering the library,**

**immediately walk R down to the meeting room on the left.**

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**R.S.V.P.**

**Please phone Barbara Back 942-8810**

**(so we'll know we reached you)**

# REflections

March was a busy month for Religious Education in the Fellowship! In the children's program they were taught to make a personal prayer box, they created a collage of pictures that depict their favorite things and they learned the meaning behind their names.

Here is the class schedule for the month when they will learn about the spirituality of food:

April 6th            Lenore, "Feasting".  
April 13th           Tracy, "Fasting"  
April 20th        Community Sunday with Flower Communion  
April 27th           Tracy, "Family Food Rituals and Spiritual Choices"

Our Adult Program, "The Artist's Way" started on March 18<sup>th</sup> with twenty one students, all but seven of those from outside our membership. The class has been very enthusiastic and will continue until June 3<sup>rd</sup>.

The RE Council continues to meet monthly and will soon start to review curriculum and finalize the class schedule for next year. Teacher recruitment will also start soon, and someone may call you to ask if you could teach next year. I hope, when that call comes, that you will thoughtfully consider teaching once a month. You all have gifts to offer, gifts will that enrich our children's lives!

In faith,  
Mary Ellen

**Don't forget!  
Next weekend is  
District Assembly!**

