



UUFNB SUNDAY DIGEST

A Publication of the Unitarian Universalist Fellowship of North Bay
PO Box 4051, Napa, CA 94558 (707) 226-9220 www.uunorthbay.org
Services held at 1515 Pueblo Ave, at the Boys & Girls Club of Napa, 11 am

Upcoming Services

Sunday May 4, 11 am

Rev. Bonnie Dlott: "Seven Deadly Sins" with Worship Associate Jim Craig. In case you didn't go to Catholic School, the "Seven Deadly Sins" are wrath, sloth, greed, lust, envy, pride, and gluttony. Those of you who have been paying attention know that the Pope has just added seven more to the list, for a total of fourteen deadly sins. Unitarian Universalists don't generally believe that we are born into sin, but that doesn't mean that we don't learn to become as sinful as anyone else. If UU's had "Seven Deadly Sins," what would they be? Come and find out!

Sunday May 11

Lenore Hirsch and Rev. Bonnie Dlott: "A Service for Mother's Day." with Worship Associate Vicki Wolf. Just because one has not given birth, or raised a child, does not mean that one has not mothered. As our population ages, many among us have found ourselves mothering our parents, friends, or other relatives as they become increasingly unable to care for themselves. Join Lenore Hirsch and Rev. Bonnie Dlott today for a service of poetry and reflection about some of the unexpected ways we find ourselves "mothering" throughout our lives.

Sunday May 18

Jim Craig: "Why Are We Here?" with Worship Associate Rainer Hoenicke. The question has at least several levels of significance. This sermon will focus on what it is that brings us together each Sunday in "worship", though it will necessarily also echo some deeper answers to the question.

April 27, 2008

Dear Members and Friends of UUFNB,

I missed being with you this morning, but had a wonderful time at our annual District Assembly. Eleven of us from UUFNB traveled to Fremont to worship, attend workshops, socialize, and make connections with UU's from all over the state. Look for my column next week, when I will mention some of the highlights of the conference for me.

There are many, many things going on in the life of this Fellowship, and in the life of this community. Our calendar is crammed! I hope you will choose carefully, and create lives of balance for yourselves. Work is important, but our spirits also need rest and play. Take care!

If you need to remind folks about a Fellowship-wide event or program next Sunday, please get in touch with Jim Craig, who will be our Worship Associate next week, and he will make your announcement or call on you to make it. If you would like an e-mail copy of any sermon I have given at UUFNB, send me a note. If you wish to have items included in the Sunday Digest for May 4, please submit them to me by noon on Friday, May 2!

See you in Church (but not next week, I'm at DA!)
The Rev. Bonnie Dlott, (925) 256-4334 or
minister.uufnb@mac.com
(925) 256-4334

UUFNB Calendar



Monday May 5, 7 p.m.
UUFNB Board Meeting
Bob Jones, 252-1885

Monday May 5, 8 p.m.
Monday Night Meditation
Susan Levine's home, 2341 Joanne Circle, 226-3975

Wednesday May 7, 7 p.m.
North Bay CUUPS: New Moon at Beltane ritual
68 Coombs Ave, Studio D4, Doug Taylor 226-7500

Thursday, May 8, 7-9 pm
Sonoma Chalice Circle
Wendy and Matt Metzler's, 1110 Fryer Creek Drive, Sonoma. 935-7191

Saturday May 10, 9 am to 4 pm
Leadership Retreat with District Executive Cilla Raughley, all are welcome!
See page 5 for more details. To RSVP or get more info call Mary Ellen Morgan, 294-2759

Sunday May 11, 12:45 pm
Fellowship Lunch; all are welcome, especially mothers!
Joy Luck House, 1144 Jordon Lane. Bonnie Dlott (925) 256-4334

Monday May 12, 8 p.m.
Monday Night Meditation
Susan Levine's home, 2341 Joanne Circle, 226-3975

Thursday May 15th, 10 am
No Name Book Club: Author Elizabeth--"Eat, Pray, Love "and ""The Last American Man".
Home of Elsa Ross--695 Cabot Wy---224-6752

Friday, May 16th at 6 pm
Salad 'n Bread with David Korten We continue to explore our ideas and roles as we envision and shift our perspectives toward a more sustainable, humane future.
We meet at the home of Phyllis Boyson, 1993 Waverly, 257-1265

To view the UUFNB Calendar, go to <http://www.huntcal.com/cgi/calview.cgi/uufnb/UUFNB>

UUFNB Announcements

Adult Programs: Sunday Mornings 9:40 to 10:45 a.m. Boys and Girls Club, 1515 Pueblo

- **May 4** - "New to UU" class with Reverend Bonnie Dlott: Some of you may have heard references to our UUFNB "CUUPS" chapter, which is sponsored by our national Covenant of Unitarian Universalist Pagans. Who are these people and what do they have to do with Unitarian Universalism? Come and find out.
- **May 11** - "Make a Joyful Noise: Music of the World" Adults, teens, and children are invited to join with Craig Payne to "feel the joy of your own music." Please bring your drums, rattles, bells, recorders or other music-making instruments, or just yourselves to explore rhythms from around the world, including your own. Craig also provides rhythm makers and a great appreciation for people and their potential. Children under 10 should be accompanied by an adult.
- **May 18** - "The Bible as Literature" with Jim Craig. More great stories, especially in the book of Judges (they really were military leaders): Gideon, Deborah, Samson et al. Underlying the stories is the question of how a disparate group of people should govern themselves . . . an eternal problem.

A Message from the Choir

The Choir is trying to track down some stoles that were given to us by the Berkeley church a number of years ago. Our memory is that they were a gold color on at least one side. If these might be in your garage, attic or closet OR if you recall our having disposed of them, please let Phyllis Boyson know at: (707) 257-1265 or phyllisboyson@sbcglobal.net.

We continue to meet to practice on most Wednesday nights from 7:15 to 8:45 PM at KateMacPherson's home in east Napa. For directions or questions, contact Kate at 255-5687 or at cozybldr@prodigy.net.

The Knitting for Peace group has delivered 3 shawls to NEWS (Napa Emergency Womens Services). If anyone would like to participate in this project contact Connie Kay 707-963-3510.

A Message from Our Set Up Team Captain . . .

The Set-Up Committee is in need of an able-bodied person who can assist with setting up and taking down the Sunday service on the FIRST SUNDAY OF EACH MONTH (It's possible to make it another Sunday if needed). The person being replaced has been doing this for quite awhile and would like to put his energies in other areas.

Set up people need to arrive approximately 9:45 a.m. and take down and put away items after the service for about 1/2 hour. There are 2 people assigned for each Sunday and often helpful volunteers as well! We'd love to have you on our team!

Call or email Tracy Ruhs at 253-8310 or billruhs@comcast.net

Community Bulletin Board and Area Events

Disclaimer: The announcements in this section are not UUFNB endorsed or sponsored.

Holocaust Memorial Commemoration

Congregation Beth Shalom invites you to a Holocaust Memorial Commemoration on Thursday May 1, at 7:00 pm.

The service will be at the synagogue, located at 1455 Elm Street in Napa. For more information, call the CBS office at 707.253.7305.

CALLINGS: FINDING AND FOLLOWING AN AUTHENTIC LIFE

A workshop by Gregg Levoy, Sponsored by the Napa Interfaith Council

May 3, 9 am to 4 pm

Father Edwards Center, Carmelite Monastery on Oakville Grade Road in Oakville. \$80 donation per person is requested; proceeds will support the NIC Sacred Garden.

A light lunch will be served.

For reservations and more information, call Yvonne Baginski
707-226-7127 or borntoage@hotmail.com.

Callings are urgings from the deep self that tell us what it will take to make our lives literally "come true." They point us toward awakenings, important changes, and powerful authenticity. In this hands-on workshop, we'll explore the psychological, spiritual and practical processes we encounter in listening and responding to our callings, whether in the arenas of work, relationship, lifestyle, service or spirituality. While honoring a calling's essential mystery, we'll also explore the questions that bloom naturally in the presence of any call: What does it ask of us? How do we tell the true call from the siren-song? How do we handle our resistance to it? What happens when we say no? What happens when we say yes? (Please bring writing materials.)

Napa Interfaith Council Salon

Wednesday, May 7, at noon

First United Methodist Church, 625 Randolph St.

Board Member Sally Harper will present a discussion on Eckhard Tolle's A NEW EARTH. She is taking the Oprah webcast class and will discuss the opening chapter. Many folks in Napa are participating in this class, and so we hope you will join us and add your voice to our discussion!



Board Buzz . . .

You are invited to continue the conversation!

Back in January, some of our members attended the district growth conference with Larry Peers. They filled out a survey and discovered that we are doing a great job of welcoming newcomers! They also determined that we could improve in the area of empowering and nurturing our Fellowship volunteers.

To help us grow in this area, we have invited Cilla Raughley, our District Executive, to come and lead a conversation about this at Mary Ellen Morgan's home, 657 Montecito, on Saturday May 10 from 9-4.

We need your ideas about how we can empower and nurture our volunteers, because they sustain the life of our community. We know your Saturdays are precious! However, our board and staff are excited about this workshop, and we hope you will be too.

Bring you lunch and we will provide all beverages. Bring your ideas so that we will all come away with new enthusiasm and confidence in our future!

Bob Jones for the Board

